Get in Gear 10k Race
Minneapolis, Minnesota
MN·05007·RR

Course: Start going E Godfrey Pky, then N on W River Rd, angle left onto ramp to Lake St Bridge, E over bridge, S on Mississippi River Blvd N, under Ford Pky bridge and left on ramp up to bridge (wrong way), W over bridge using only the S lane of Ford Pky and then 46th St. Turn S on 46th Ave, then W on Godfrey Pky.

Start and finish are the same point. Cones are required along Ford Pky & 46th St to keep runners in the S lane. Course was measured along the shortest route that a runner could take while staying between the curbs of the road. Runners leaving the road to use the trails may be disqualified. Points are marked in fluorescent red paint, except miles 2 & 6 are marked in yellow.

Measured Points:

Start/Finish: S side Godfrey Pky 12.73 m (41 ft 9 in) W of lamp post just W of E entrance to W (large) parking lot.

Mile 1: W side W River Pky between driveways to 4148 & 4164 Edmund Blvd.

Mile 2: E side W River Pky 4 m (13 ft) N of S end of wooden fence between the two paved trails. Near jct Edmund Blvd & 34th St. Yellow paint.

Mile 3: W side Miss River Blvd N, 21 m (69 ft) S of fireplug at 142.

5k: E side Miss River Blvd N between S driveway for 88 and N driveway for 84.

Mile 4: E side Miss River Blvd S, 16 m (52 ft) S of sidewalk for 176.

Mile 5: E side Miss River Blvd S, 11 m (36 ft) N of fireplug across from S entrance to Scenic Overlook, which is across from Temple of Aaron at about 616.

Mile 6: W side 46th Ave, 22 m (72 ft) N of STOP sign at Godfrey Pky. Yellow paint.

Measured April 5, 2005
Don Wright
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Start/Finish Detail