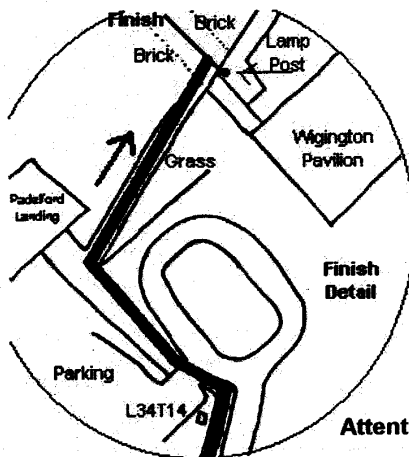


**Time to Fly 10k**  
June 26, 2004

**Course:** MN-04016-RR

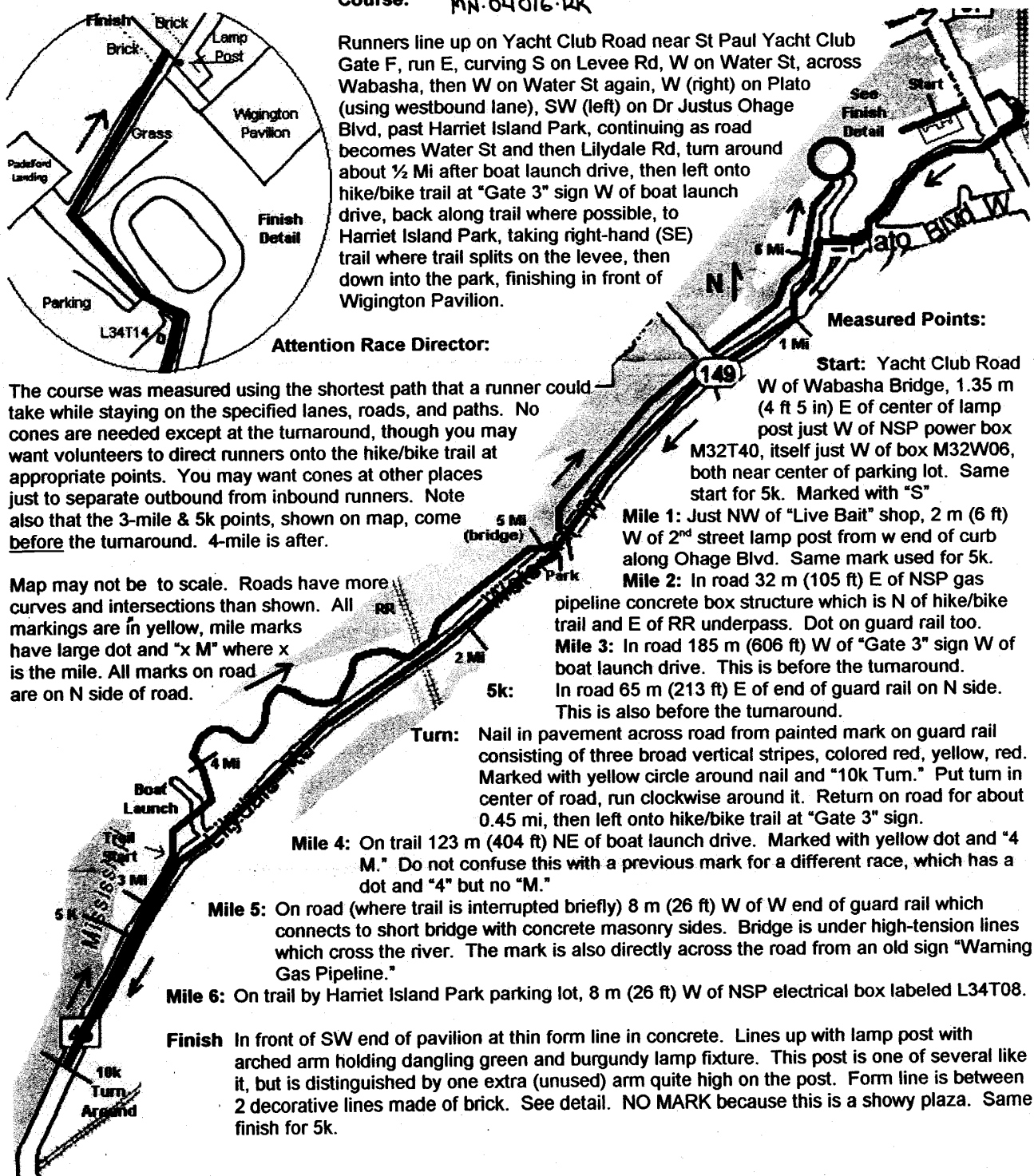


Runners line up on Yacht Club Road near St Paul Yacht Club Gate F, run E, curving S on Levee Rd, W on Water St, across Wabasha, then W on Water St again, W (right) on Plato (using westbound lane), SW (left) on Dr Justus Ohage Blvd, past Harriet Island Park, continuing as road becomes Water St and then Lilydale Rd, turn around about ½ Mi after boat launch drive, then left onto hike/bike trail at "Gate 3" sign W of boat launch drive, back along trail where possible, to Harriet Island Park, taking right-hand (SE) trail where trail splits on the levee, then down into the park, finishing in front of Wigington Pavilion.

**Attention Race Director:**

The course was measured using the shortest path that a runner could take while staying on the specified lanes, roads, and paths. No cones are needed except at the turnaround, though you may want volunteers to direct runners onto the hike/bike trail at appropriate points. You may want cones at other places just to separate outbound from inbound runners. Note also that the 3-mile & 5k points, shown on map, come before the turnaround. 4-mile is after.

Map may not be to scale. Roads have more curves and intersections than shown. All markings are in yellow, mile marks have large dot and "x M" where x is the mile. All marks on road are on N side of road.



**Measured Points:**

**Start:** Yacht Club Road W of Wabasha Bridge, 1.35 m (4 ft 5 in) E of center of lamp post just W of NSP power box M32T40, itself just W of box M32W06, both near center of parking lot. Same start for 5k. Marked with "S"

**Mile 1:** Just NW of "Live Bait" shop, 2 m (6 ft) W of 2<sup>nd</sup> street lamp post from w end of curb along Ohage Blvd. Same mark used for 5k.

**Mile 2:** In road 32 m (105 ft) E of NSP gas pipeline concrete box structure which is N of hike/bike trail and E of RR underpass. Dot on guard rail too.

**Mile 3:** In road 185 m (606 ft) W of "Gate 3" sign W of boat launch drive. This is before the turnaround. In road 65 m (213 ft) E of end of guard rail on N side. This is also before the turnaround.

**Turn:** Nail in pavement across road from painted mark on guard rail consisting of three broad vertical stripes, colored red, yellow, red. Marked with yellow circle around nail and "10k Turn." Put turn in center of road, run clockwise around it. Return on road for about 0.45 mi, then left onto hike/bike trail at "Gate 3" sign.

**Mile 4:** On trail 123 m (404 ft) NE of boat launch drive. Marked with yellow dot and "4 M." Do not confuse this with a previous mark for a different race, which has a dot and "4" but no "M."

**Mile 5:** On road (where trail is interrupted briefly) 8 m (26 ft) W of W end of guard rail which connects to short bridge with concrete masonry sides. Bridge is under high-tension lines which cross the river. The mark is also directly across the road from an old sign "Warning Gas Pipeline."

**Mile 6:** On trail by Harriet Island Park parking lot, 8 m (26 ft) W of NSP electrical box labeled L34T08.

**Finish** In front of SW end of pavilion at thin form line in concrete. Lines up with lamp post with arched arm holding dangling green and burgundy lamp fixture. This post is one of several like it, but is distinguished by one extra (unused) arm quite high on the post. Form line is between 2 decorative lines made of brick. See detail. NO MARK because this is a showy plaza. Same finish for 5k.

Measured June 14, 2004  
Don Wright, Lake Elmo, MN  
651/770-3728