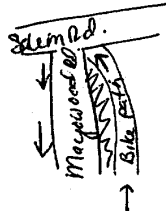
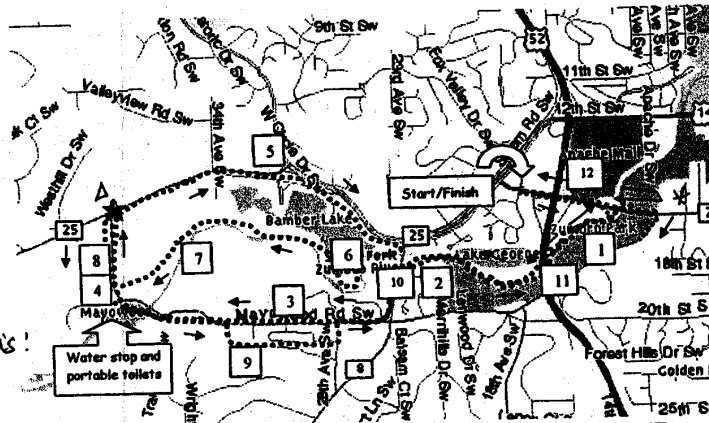


Mile 2.8:  
 Δ this turn  
 looks like this:



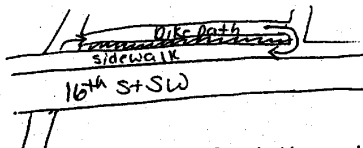
the shaded area is  
 filled with <sup>old</sup> brush and  
 trees and does not  
 lend itself to a shortcut!



# DR. STEVEN FEIZER MEMORIAL 20K 2003 COURSE

MN-03004-RR

\*this turn looks like this:



1. 51 strides west of permanent bench west of mile 2.5 on the Mayowood bike path.
2. 92 strides west of permanent bench on Mayowood bike path west of mile marker 3.5.
3. 36 strides east of the center of 30<sup>th</sup> Ave SW.
4. 5 strides south of 7<sup>th</sup> RPU utility pole (#09867) south of County Road 25.
5. 9 strides east of RPU utility pole #09771 across the road from County Road 25 sign on north side of Salem Road.
6. 58 strides past 'Beach Area' sign on the Mayowood bike path, between mile markers 4. and 4.5.
7. 51 strides past permanent bench west of mile marker 5.0 on Mayowood Bike Path.
8. 1 stride south of 5<sup>th</sup> RPU utility pole (#23606) south of County Road 25.
9. 25 strides east of RPU utility pole #09631 (last pole on the north of the wire leading west) (also 4 strides east of mailbox #3304).
10. 120 strides north of RPU pole #29453 on Bamber Valley Road SW (across from electrical substation).
11. 57 strides east of east side of the northbound lane bridge on Highway 52 bridge over the Zumbro River.
12. The exact middle of the intersection of Apache Drive and 16<sup>th</sup> St. SW.

The starting line is located 11.5 feet north of RPU pole #09257 on Greenview Drive SW, between entrance drives to the Best Western Apache parking lot.

From this line, proceed to the south on Greenview Drive SW to 16<sup>th</sup> St SW, which is the street located just to the south of the entrance to the Best Western Apache parking lot.

Turn left on 16<sup>th</sup> St. SW and head east approximately .75 miles to the intersection of 16<sup>th</sup> St. SW and Mayowood Road SW. Turn right onto Mayowood Road, and head south then west approximately .2 miles. Turn right onto the entrance road to the community garden plots. Keep going straight on this entrance road for approximately .15 miles and get onto the Mayowood bike path. (There is about 3 feet of grass at this crossing, no curbs.)

Once on the path, turn left and head west. Continue on the bike path heading west past bike path mile marker 3.5. After the path goes under Bamber Valley road (after running approximately 1.5 miles on the path), the path splits. Take the left path, heading south toward Mayowood Road and Bamber Valley School. The path makes a right turn at the intersection of Mayowood Road and Bamber Valley Road. Stay on the path, making the right turn. Stay on the path for approximately .25 miles and when the path goes on the bridge over the creek, get on Mayowood Road.

Stay on Mayowood road heading west. Mayowood road winds gently after approximately .5 miles and then makes a right turn heading north. (At the turn is our water stop, at approximately miles 4 and 8). Head north on Mayowood Road for approximately .5 miles. It will then dead end at Salem Road.

Take a right turn heading east on Salem Road, also known as County Road 25. Stay on this road for approximately .75 miles until just before it intersects with West Circle Drive SW. Just before this intersection is the beginning of the bike path. Get on the bike path heading east. Stay on the bike path and after approximately .75 miles the bike path makes a right turn (just before the intersection with Bamber Valley Road where there is a stoplight). Take the right turn on the path and continue veering right until you're now heading west on the bike path.

Stay on the bike path heading west (do not take left onto the bridge over the Zumbro river.) This is approximately at bike path mile marker 4.0. Continue on the bike path (there are no more opportunities to turn off) until the path ends at bike path mile marker 6.0 which is at the intersection of Mayowood Road and Salem Road. Make a hairpin turn onto Mayowood Road. You are now heading south on Mayowood Road. Stay on Mayowood road past the water stop where the road will turn left, heading east. Stay on Mayowood Road for approximately .8 miles past the water stop. Turn right on Mayowood Hills Drive SW. This road will turn left after approximately .15 miles. Stay on Mayowood Hills Drive SW for approximately .4 miles until it dead ends where it intersects 28<sup>th</sup> Avenue SW. Turn left on 28<sup>th</sup> Avenue SW. Stay on 28<sup>th</sup> Avenue SW for approximately .25 miles until it intersects Mayowood Road SW.

Cross Mayowood Road SW and get on the bike path making a right turn, heading east. Stay on the bike path until it turns left where Mayowood Road intersects Bamber Valley Road. Turn left on the bike path at this intersection. After approximately .25 miles, the bike path splits when it gets to the Zumbro River. Turn right and go under the bridge which is Bamber Valley Road. Stay on the bike path heading east for approximately 1.6 miles until you get to 16<sup>th</sup> St SW. The path goes under 16<sup>th</sup> SW. Just under this bridge, turn right on the bike path which parallels 16<sup>th</sup> ST SW. When the bike path ends, make a hairpin turn to the right and get on the 16<sup>th</sup> ST SW sidewalk heading west. Stay on 16<sup>th</sup> ST SW past the entrance to Apache Mall and the northbound on-ramp for Highway 52 until you get to Greenview DR SW. Turn right on Greenview Drive SW. The finish line is approximately 200 feet north of 16<sup>th</sup> ST SW on Greenview Drive SW (11.5 feet north of RPU pole # 09257).