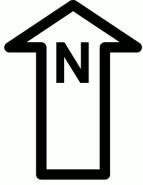
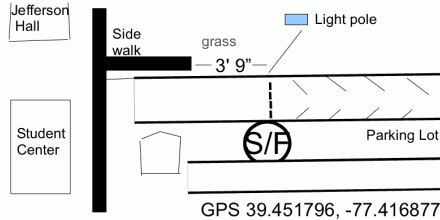


# Frederick Women's Distance Festival 5K Frederick Community College Frederick, MD

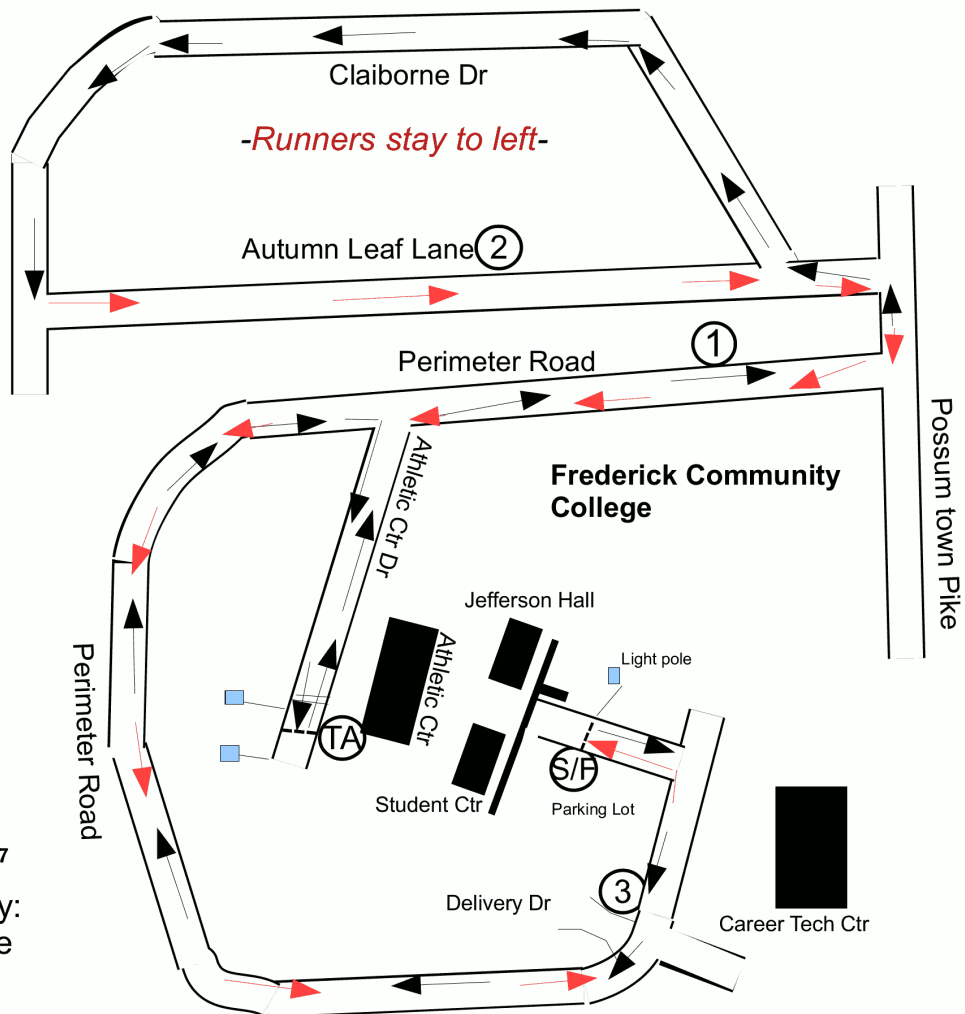
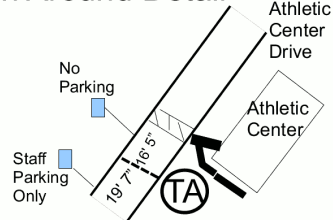


**Start:** East of space between Student Center & Jefferson Hall. In the parking lot aisle even with the light pole & 3'9" east of the end of the sidewalk & where the grass begins.  
**Mile 1:** On Campus Perimeter Dr West of Possumtown Pike - 41'9" east of 3<sup>rd</sup> lightpole & 82'8" west of 2<sup>nd</sup> light pole.  
**Mile 2:** Autumn Leaf Dr – on east edge of driveway of #7116.  
**Turn around:** On Athletic Center Road – near southwest edge of Athletic Center building – 16' 5" SW of "No Parking" sign & 19' 7" NE of "Staff Parking" sign .  
**Mile 3:** On Perimeter Road across from back entrance to Career Tech Center – middle of curb on east side of "Deliveries Entrance" road. .  
**Finish:** Same as Start - East of space between Student Center & Jefferson Hall. In the parking lot aisle even with the light pole & 3'9" east of the end of the sidewalk & where the grass begins.

## Start/Finish Detail



## Turn Around Detail



Certified Course  
#MD17016NP

Effective Dates:  
5-14-17 thru 12-31-27

Measured by:  
Tim O'Keefe  
4-12-17



*Road Running Technical Council  
USA Track & Field*  
**Measurement Certificate**



Name of the course Frederick Women's Distance Festival 5K Distance 5km  
Location (state) Maryland (city) Frederick  
Type of course: road race ☒ calibration course ☐  
Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Measured by (name, address, phone & e-mail) Tim O'Keefe, 7214 Limestone Ln, Middletown, MD 21769  
timrunr@aol.com, 301.371.9562  
Race contact (name, address, phone & e-mail) Harriet Langlois, 5575 Broadmoor Terr., Ljamsville, MD 21754  
301.865.2748 , hhlangois@pobox.com  
Date(s) when course measured: Apr. 12, 2017  
Number of measurements of entire course: 2 Course Configuration: Keyhole w/spur  
Elevation (meters above sea level) Start 106.68m Finish 106.68m Highest 114.30m Lowest 102.11m  
Straight line distance between start & finish 0m Drop 0.00 m/km Separation 0.00 %  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Effective date of certification: May 14, 2017 Certification code: MD17016NP

Notice to Race Director: Use this Certification Code  
in **all** public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2027**

***AS NATIONALLY CERTIFIED BY:***

*Nathan Porch*

Date: May 14, 2017

Nathan Porch – USATF/RRTC Certifier

940 Frenchtown Rd., Perryville, MD 21903 | 856.803.7678 | nathan@getsetgoconsulting.com