

F^3 Lake 5k

Chicago, IL

Measured by Zach Edmonson: ON 12/08/2018

zach@f3running.com

USATF Certificate
IL18060NM
Effective
Jan. 25, 2019 - Dec. 31, 2028



START: Soldier Field promenade, even with light pole that is between Door 2 and Door 0, 6 ft S of light pole.

MILE 1: Lakefront Trail bike path, 43.7 ft S of 3rd westside light pole that is S of Waldron Drive.

MILE 2: Lakefront Trail bike path, 12.5 ft S of 2nd light pole S of northernmost sidewalk leading to Ft. Dearborn angled parking area.

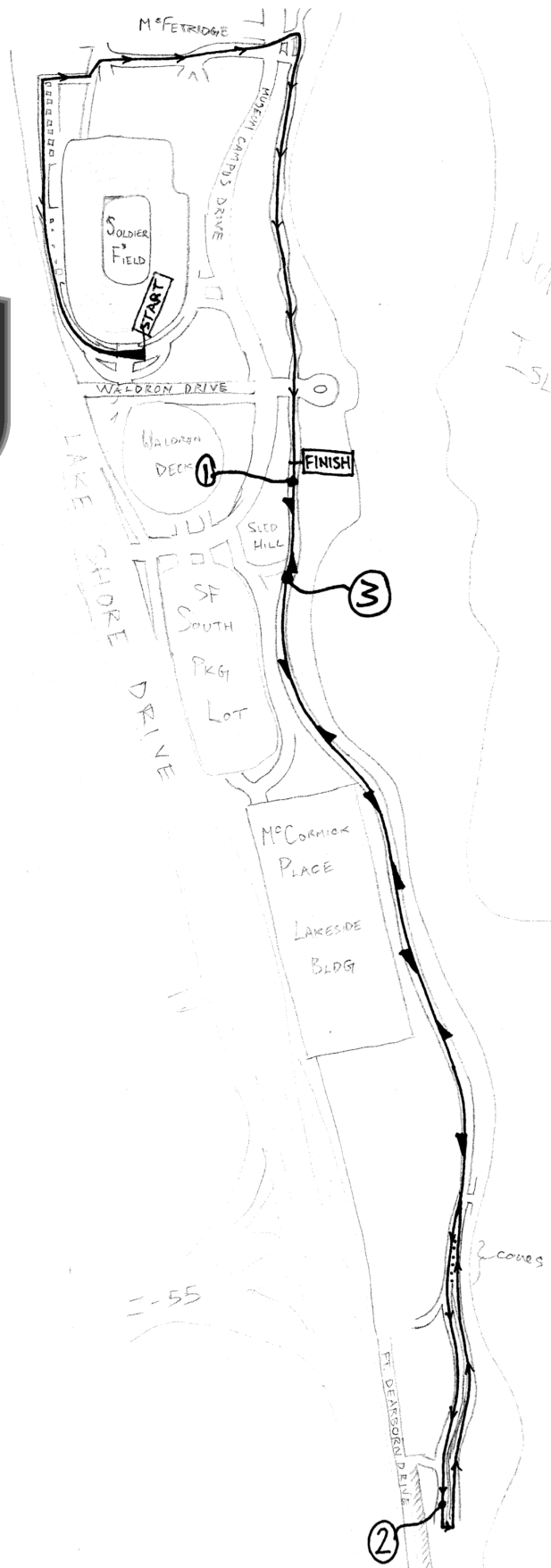
TA: Lakefront Trail bike path, 7.8 ft S of 4th light pole S of northernmost sidewalk leading to Ft. Dearborn angled parking area.

MILE 3: Lakefront Trail bike path, 12.1 ft S of light pole that is S of the Sledding Hill.

FINISH: Lakefront Trail bike path, 65.5 ft S of the 2nd westside light pole that is S of Waldron Drive.



MAP NOT TO SCALE





**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course F3 Lake 5k Distance 5 km
Location (state) IL (city) Chicago
Type of course: road race ☒ calibration course ☐
Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Zach Edmonson, 1116 Garfield St #1822, Oak Park, IL 60304,
(312) 972-9323, zach@brrm.com
Race contact (name, address, phone & e-mail) Zach Edmonson, 1116 Garfield St #1822, Oak Park, IL 60304,
(312) 972-9323, zach@f3running.com
Date(s) when course measured: Dec. 8, 2018
Number of measurements of entire course: 2 Course Configuration: Keyhole
Elevation (meters above sea level) Start 180 m Finish 181 m Highest 187 m Lowest 179 m
Straight line distance between start & finish 268 m Drop -0.20 m/km Separation 5.36 %
Type of surface: paved 100 % dirt % gravel % grass % track %
Effective date of certification: Jan. 25, 2019 Certification code: IL18060NM

Notice to Race Director: Use this Certification Code
in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2028**

AS NATIONALLY CERTIFIED BY:

Date: Feb. 3, 2019

Neyl A Marquez | USATF/RRTC Certifier

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