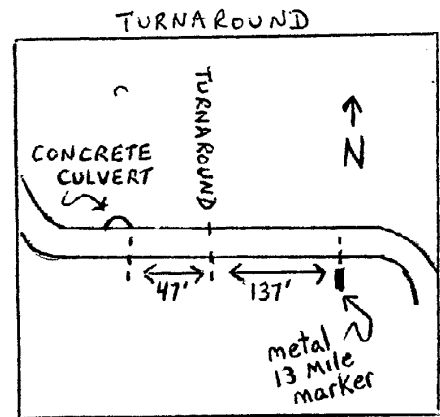
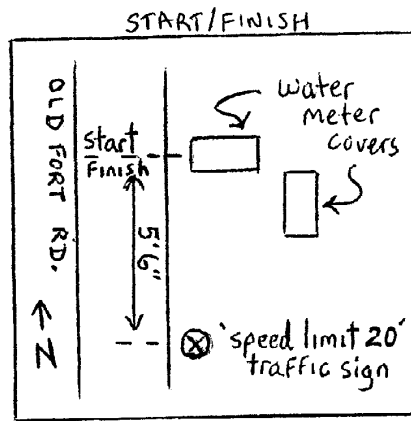


Flash 12k

St. Marks, Fl.



S/F: at north edge of San Marcos de Apalache parking lot. Mark is directly in line with northernmost of two water meter covers on east side of Old Fort Rd. It is also 5'6" north of "Speed limit 20" traffic sign on east side of road.

1 mile: on Riverside Dr., 3' SE of 2nd cabbage palm east of Old Fort Rd.

2 mile: on St. Marks bike trail, 4' south of pine tree on west side of trail with tag # 17791386.

3 mile: 76' south of sign for City of St. Marks on west side of Woodville Hwy.

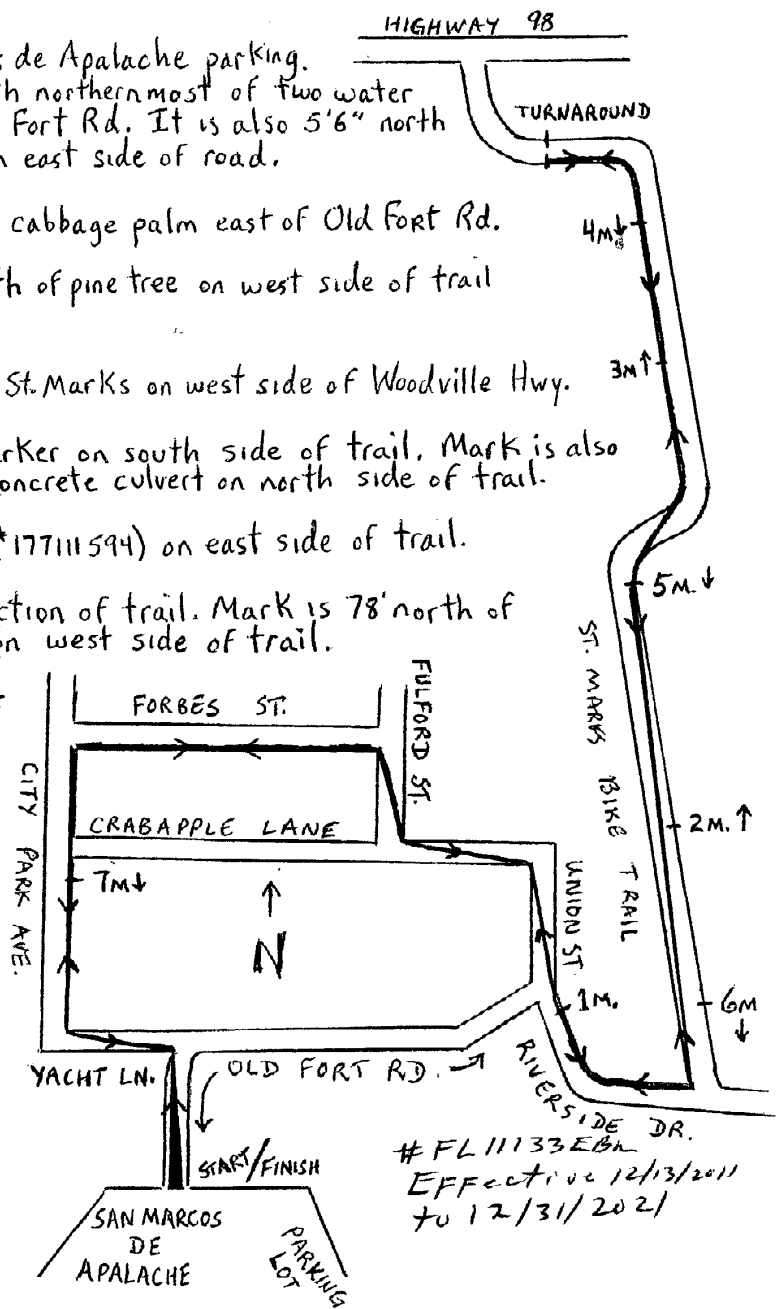
Turn: 137' west of metal mile marker on south side of trail. Mark is also 47' east of east edge of concrete culvert on north side of trail.

4 mile: 83' south of pine tree (tag # 177111594) on east side of trail.

5 mile: just south of east-west section of trail. Mark is 78' north of north edge of Rest bench on west side of trail.

6 mile: behind house on east side of trail with gourds + birdhouses. Mark is 3ft. south of northernmost post of fence behind house.

7 mile: at north edge of driveway for #55 City Park Ave.



Measured by:

Bill McGuire
1978 Setting Sun Trail
Tallahassee, Fl., 32303
(850) 562-2295
bmcguire31@centurylink.net

FL 11133 EBN
Effective 12/13/2011
to 12/31/2021



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Flash 12k Distance 12km
 Location (state) Florida (city) St. Marks
 Type of course: road race calibration track Configuration: Out & Back
 Type of surface: paved 100 % dirt % gravel % grass % track %
 Elevation (meters above sea level) Start 1.22m Finish 1.22m Highest 3.35m Lowest .61m
 Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
 Measured by (name, address, phone & e-mail) Bill McGuire, 1978 Setting Sun Trail,
Tallahassee, Fl. 32303 850-562-2295 bmcguire31@centurylink.net
 Race contact (name, address & phone) Mark Priddy, 3584 Stowe Trace, Tallahassee, Fl.
32309 850-668-4907
 Measuring Methods: bicycle steel tape electronic distance meter
 Number of measurements of entire course: 2 Date(s) when course measured: 12/4/2011
 Race date: 2/18/2012 Course certification effective date: 12/13/2011
 Replaces: N/A (if applicable) Certification code: FL11133EBM

Notice to Race Director
 Use this Certification Code in *all* public
 announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2021**

AS NATIONALLY CERTIFIED BY:

Everett McDowell Date: 12/21/2011
 Everett McDowell – USATF/RRTC National Certifier
 1256 Stony Brook Lane, Dunedin, Fl. 34698 727-644-7608 emcdowell5@tampabay.rr.com

FL11133EBM