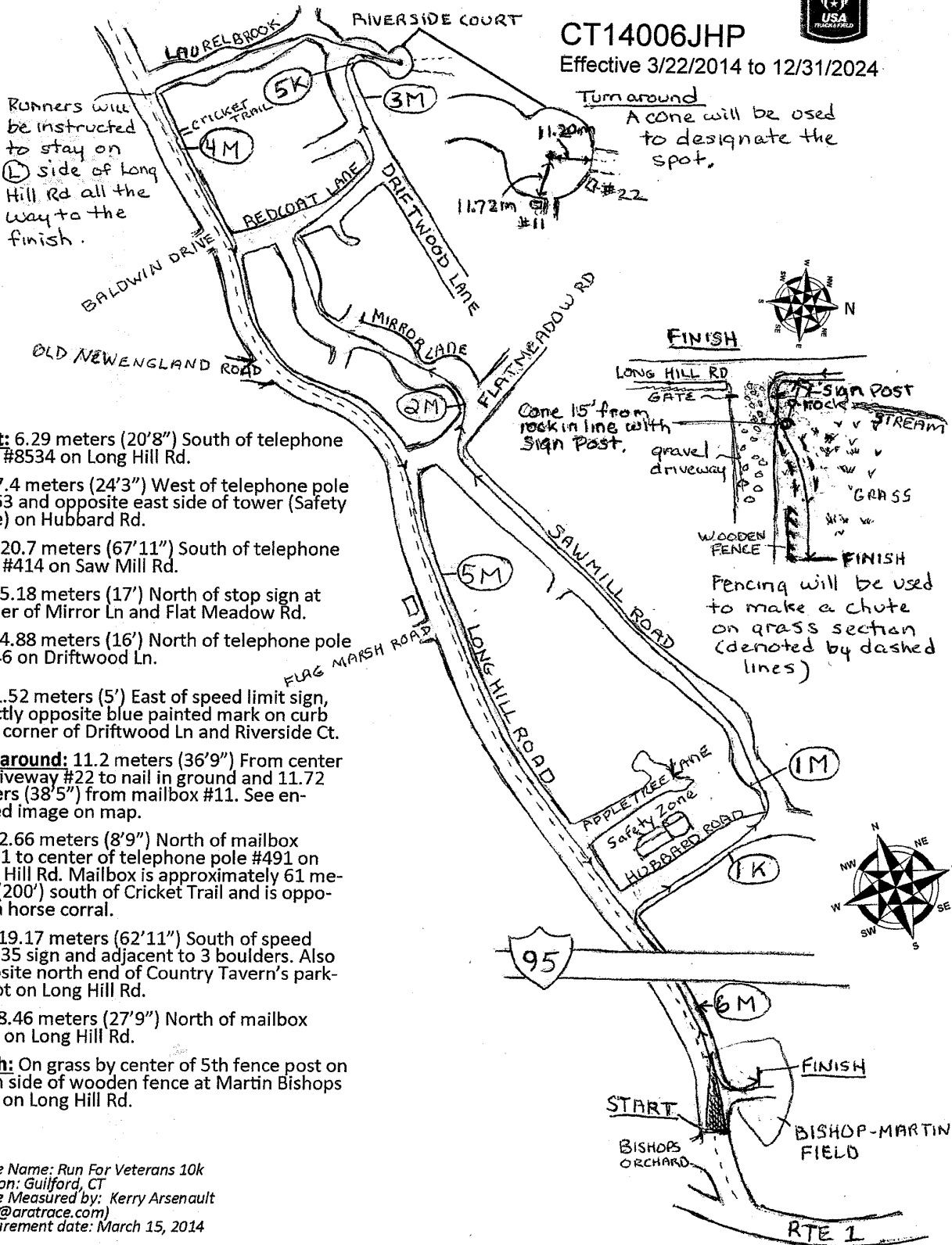


Run For Veterans 10K



CT14006JHP

Effective 3/22/2014 to 12/31/2024



Runners will be instructed to stay on (L) side of Long Hill Rd all the way to the finish.

Turn around
A cone will be used to designate the spot.

- Start:** 6.29 meters (20'8") South of telephone pole #8534 on Long Hill Rd.
- 1K:** 7.4 meters (24'3") West of telephone pole #9563 and opposite east side of tower (Safety Zone) on Hubbard Rd.
- 1M:** 20.7 meters (67'11") South of telephone pole #414 on Saw Mill Rd.
- 2M:** 5.18 meters (17') North of stop sign at Corner of Mirror Ln and Flat Meadow Rd.
- 3M:** 4.88 meters (16') North of telephone pole #8846 on Driftwood Ln.
- 5K:** 1.52 meters (5') East of speed limit sign, directly opposite blue painted mark on curb near corner of Driftwood Ln and Riverside Ct.
- Turnaround:** 11.2 meters (36'9") From center of driveway #22 to nail in ground and 11.72 meters (38'5") from mailbox #11. See enlarged image on map.
- 4M:** 2.66 meters (8'9") North of mailbox #1261 to center of telephone pole #491 on Long Hill Rd. Mailbox is approximately 61 meters (200') south of Cricket Trail and is opposite a horse corral.
- 5M:** 19.17 meters (62'11") South of speed limit 35 sign and adjacent to 3 boulders. Also opposite north end of Country Tavern's parking lot on Long Hill Rd.
- 6M:** 8.46 meters (27'9") North of mailbox #191 on Long Hill Rd.
- Finish:** On grass by center of 5th fence post on north side of wooden fence at Martin Bishops Field on Long Hill Rd.

Course Name: Run For Veterans 10k
 Location: Guilford, CT
 Course Measured by: Kerry Arsenault
 (kerry@aratrace.com)
 Measurement date: March 15, 2014



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Run for Veterans 10K Distance 10 Km

Location (state) Connecticut (city) Guilford

Type of course: road race calibration track Configuration: Keyhole

Type of surface: paved 100 % dirt % gravel % grass % track %

Elevation (meters above sea level) Start 15 Finish 15 Highest 61 Lowest 15

Straight line distance between start & finish 99 meters Drop 0 m/km Separation 0.99 %

Measured by (name, address, phone & e-mail) Kerry Arsenault, 806 Durham Rd., Guilford, CT 06437
kerry@aratrace.com, 203-605-0739

Race contact (name, address, phone & e-mail) Misty Streitweiser, 104 Mill Road, Guilford, CT 06437
203-453-9252, miststreit@comcast.net

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: 2 Date(s) when course measured: March 15, 2014

Race date: March 30, 2014 Course certification effective date: March 22, 2014

Certification code: CT14006JHP

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2024**

Jane H. Parks

AS NATIONALLY CERTIFIED BY:

Date: March 22, 2014

Jane H. Parks – USATF/RRTC Regional Certifier - CT, IAAF/AIMS Grade A Measurer
 973-349-0033 janehp3@gmail.com