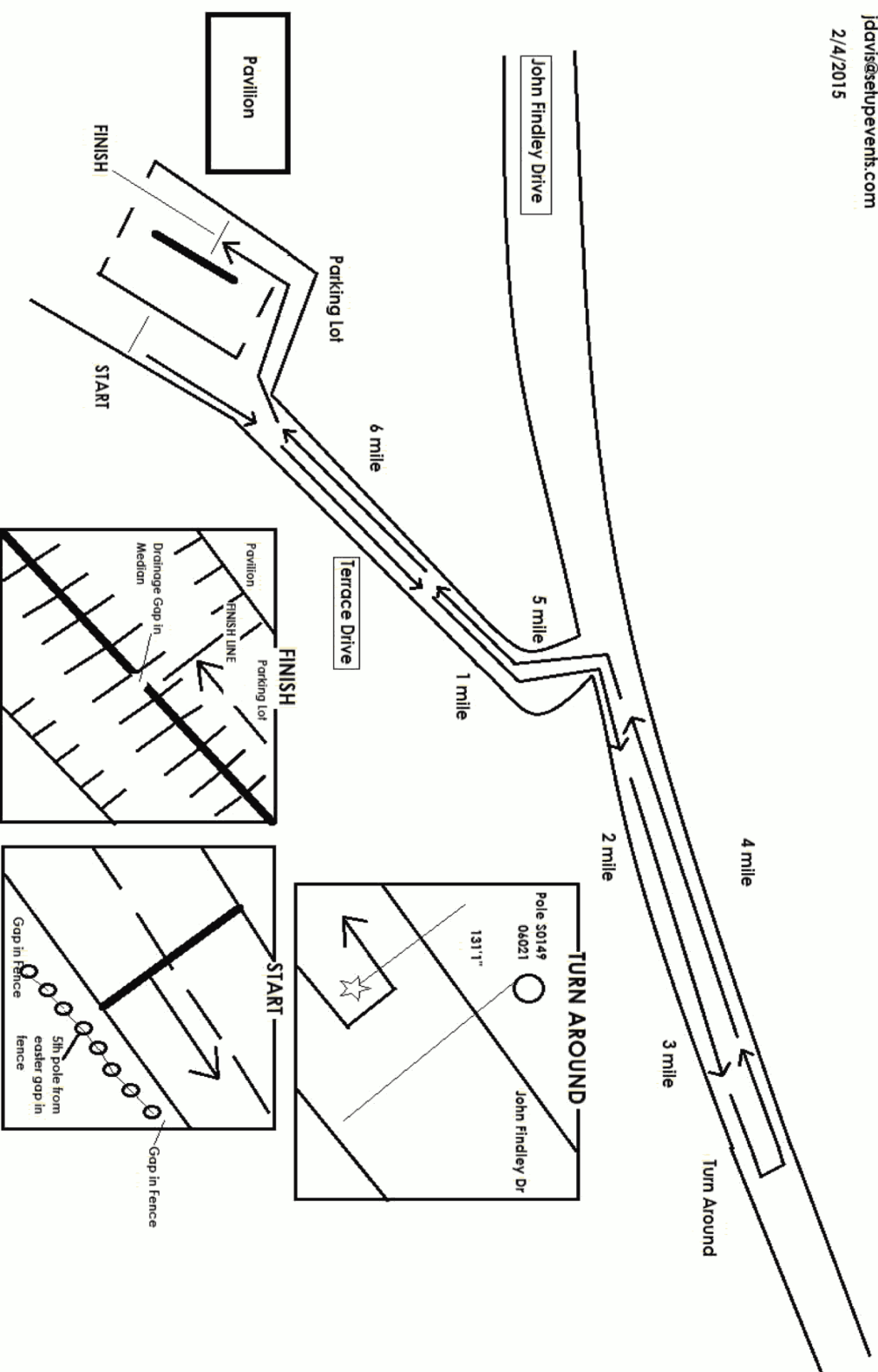


# Adam's Heart Run - 10K

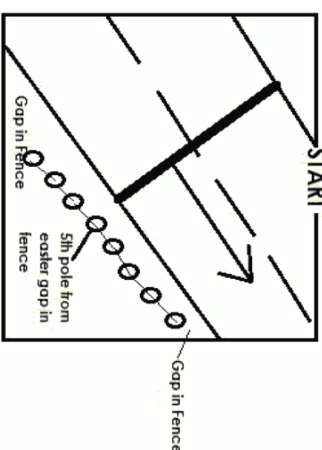
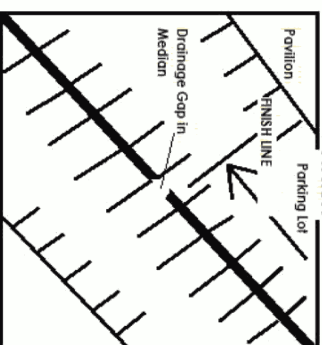
Oak Mountain State Park  
Pelham, AL

USATF Certificate AL15007JD  
Effective 02/05/2015 to 12/31/2025

map not to scale  
measured by: Jeremey Davis  
jdavis@sethpevents.com  
2/4/2015



- \*Start - At 5th pole from eastern gap in fence on southern edge of Terrace Drive across from Pavilion Parking Lot
- \*1 Mile - Terrace Drive, 91'6" east of gravel road with steel gate
- \*2 Mile - 120'2" west of pole 1-276098
- \*3 Mile - 11'0" west of sign to Picnic Area 2, Whiteoak & Redbud
- \*Turn Around - 131'1" west of Pole 50149 06021
- \*4 Mile - 11'4" west of Roadside Equestrian Parking Lot sign at Picnic Area 1
- \*5 Mile - Perpendicular to 25 mph sign facing west (toward start line) near intersection with John Findley Dr and Terrace Dr
- \*6 Mile - 24'0" west of first entrance into parking lot of Day Use Area
- \*Finish - Perpendicular to eastern edge of water drainage gap in median of Pavilion parking lot. Finish in lot closest to pavilion.





*Road Running Technical Council*  
*USA Track & Field*  
***Measurement Certificate***



Name of the course Adam's Heart Run 10K Distance 10 km  
Location (state) Alabama (city) Pelham  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Out/Back  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (meters above sea level) Start 170 Finish 169 Highest 187 Lowest 156  
Straight line distance between start & finish 58 m Drop 0.1 m/km Separation 0.6 %  
Measured by (name, address, phone & e-mail) Jeremy Davis, PO Box 6591  
Greenville, SC, 29606, jdavis@setupevents.com  
Race contact (name, address, phone & e-mail) Birmingham Track Club, PO Box 530363  
Birmingham, AL 35253, president@birminghamtrackclub.org  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: Feb. 04, 2015  
Race date: February Course certification effective date: Feb. 05, 2015  
Certification code: AL15007JD

Notice to Race Director: Use this Certification Code  
in *all* public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year* **2025**

**AS NATIONALLY CERTIFIED BY:**

Date: Feb. 10, 2015

John J DeHaye – USATF/RRTC Certifier  
824 Annlau Avenue, Huntsville, AL 35802, 256-881-9326, jdehay@comcast.net