



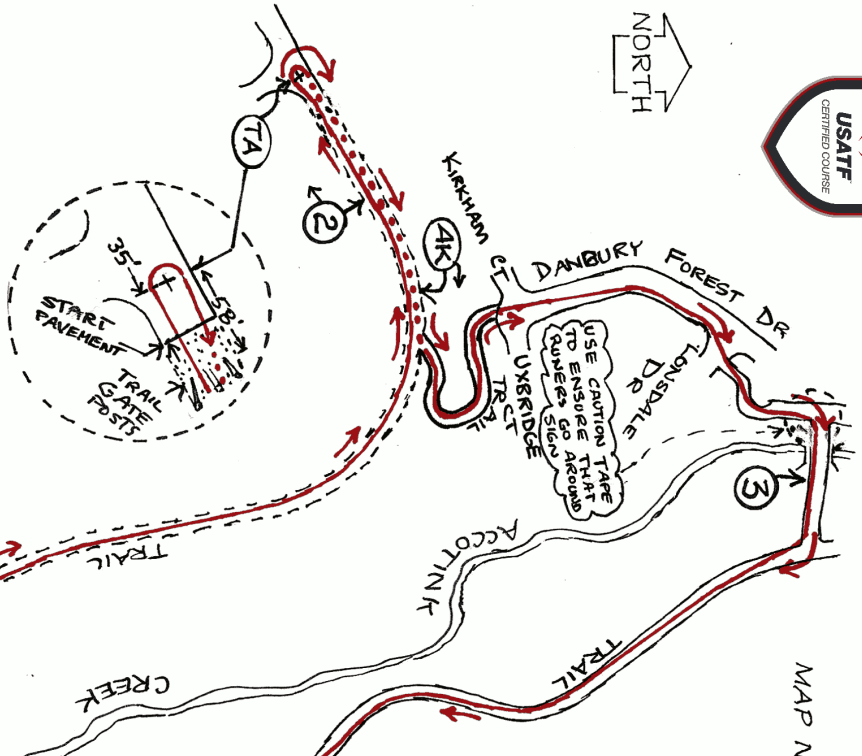
LAKE ACCOTINK 8K SPRINGFIELD, VIRGINIA

USATF CERTIFICATE VAI17021RT
EFFECTIVE 7-13-2017 - 12-31-2027

MAP NOT TO SCALE

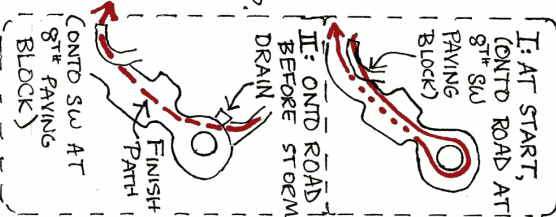
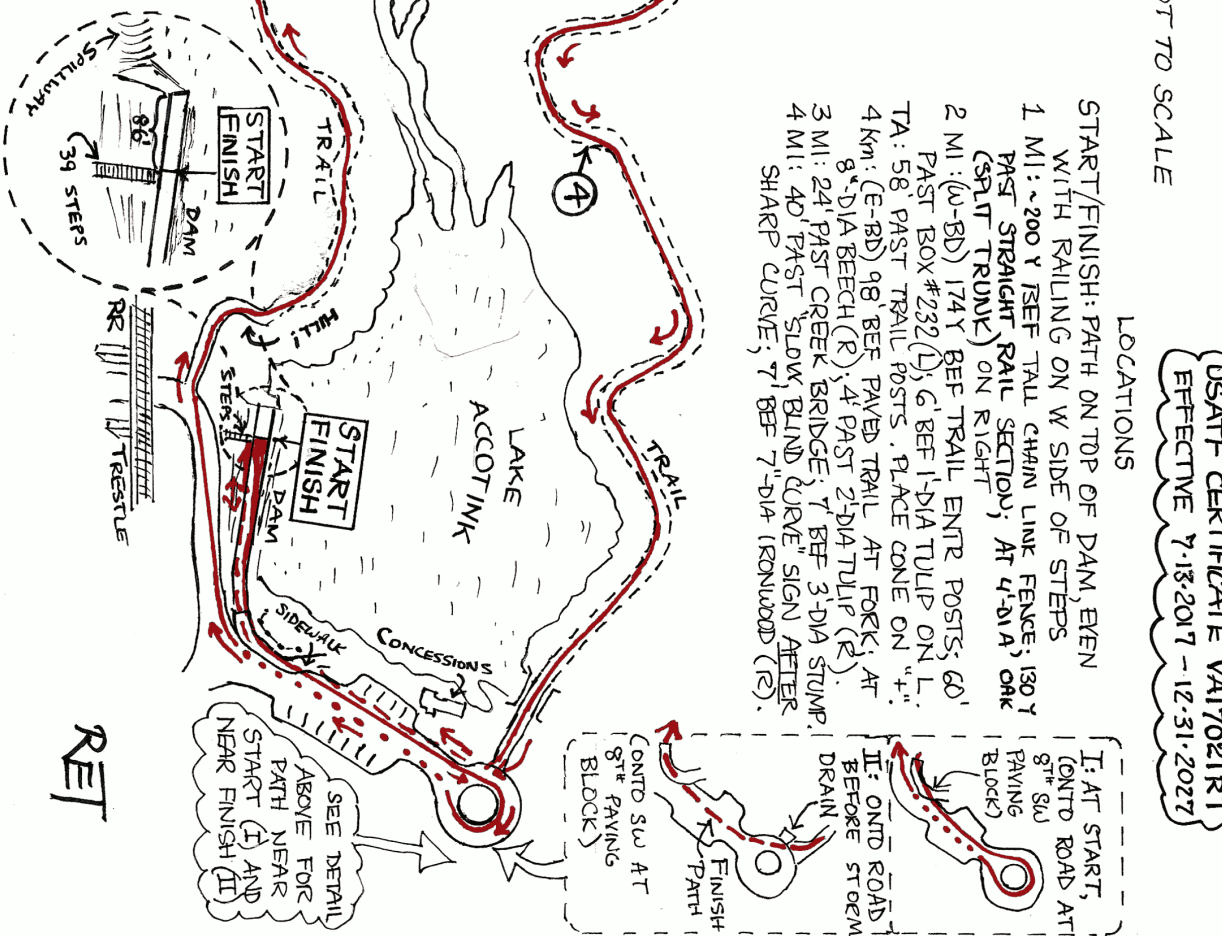
LOCATIONS

- START/FINISH: PATH ON TOP OF DAM, EVEN WITH RAILING ON W SIDE OF STEPS
- 1 MI: ~200 Y BEF TAIL CHAIN LINK FENCE; 130 Y PAST STRAIGHT RAIL SECTION; AT 4'-DIA ORK (SPLIT TRUNK) ON RIGHT
 - 2 MI: (W-BD) 174 Y BEF TRAIL ENTR POSTS; 60' PAST BOX #232 (L); 6' BEF 1'-DIA TULIP ON L.
 - TA: 58' PAST TRAIL POSTS. PLACE CONE ON "L".
 - 4 km: (E-BD) 98' BEF PAVED TRAIL AT FORK; AT 8" DIA BEECH (R); 4' PAST 2'-DIA TULIP (R).
 - 3 MI: 24' PAST CREEK BRIDGE; 7' BEF 3'-DIA STUMP.
 - 4 MI: 40' PAST "SLOW BLIND CURVE" SIGN AFTER SHARP CURVE; 7' BEF 7" DIA (ROWWOOD) (R).



ELEVATIONS
 START/FINISH 60 m
 HIGHEST 88 m
 LOWEST 52 m

MEASUREMENT
 G/24 & 7/3, 2017
 BY
 R THURKSTON



RET



*Road Running Technical Council
USA Track & Field*

Measurement Certificate



Name of the course LAKE ACCOTINK 8K Distance 8 km
 Location (state) VIRGINIA (city) SPRINGFIELD
 Type of course: road race calibration course
 Measuring method: bicycle steel tape electronic distance meter
 Measured by (name, address, phone & e-mail) R THURSTON

Race contact (name, address, phone & e-mail) IAN CLEMENTS, 218 E NELSON AVE
ALEXANDRIA, VA 22301. (703) 201-4815 e: IANCLEM@YAHOO.COM

Date(s) when course measured: JUNE 24 & JULY 3, 2017

Number of measurements of entire course: 2 Course Configuration: LOOP WITH OUT-BACK

Elevation (meters above sea level) Start 60 m Finish 60 m Highest 88 m Lowest 52 m

Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %

Type of surface: paved 35 % dirt % gravel 65 % grass % track %

Effective date of certification: JULY 13, 2017 Certification code: VA17021RT

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2027

AS NATIONALLY CERTIFIED BY:

Robert Thurston

Date: JULY 16, 2017

Robert Thurston – USATF/RRTC Certifier

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