

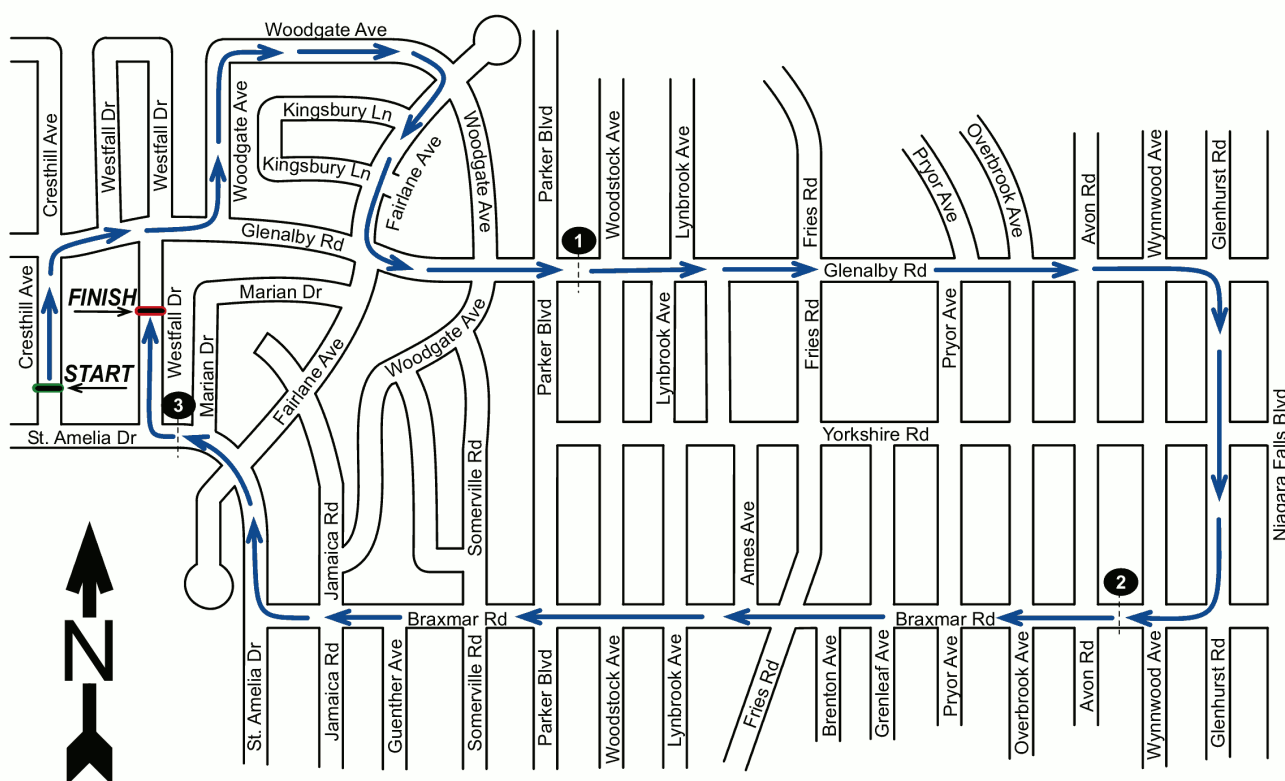


Certified Course
NY19004JJ
 Effective: 4/07/2019
 Through: 12/31/2029

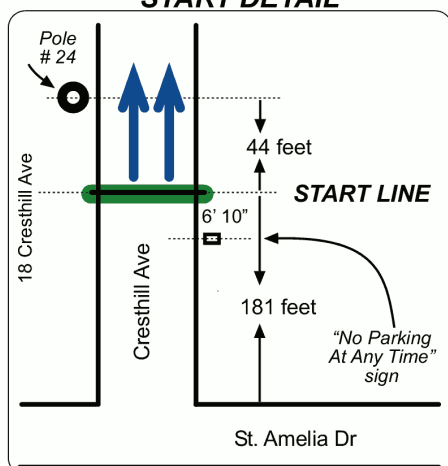
WNY Heroes 5K

Tonawanda, NY

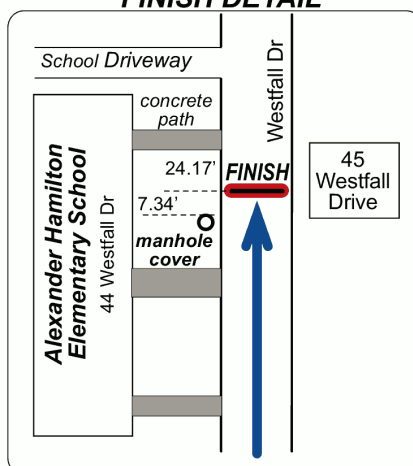
Course Distance:	5 Km
Date Measured:	April 4, 2019
Measured By:	Jeff John BuffaloRunners.com
Calibration Course:	NY15045JJ
Course Map:	© Copyright 2019, Jeffrey D John, BuffaloRunners.com



START DETAIL



FINISH DETAIL



MILE SPLITS

- START** on Cresthill Ave (18 Cresthill) 44' south of pole # 24, 181' north of the intersection with St. Amelia Dr., and 6 feet 10 inches north of No Parking sign.
- 1 MILE** At east edge of driveway at 359 Glenalby Rd (On Glenalby Rd between Parker Blvd and Woodstock Ave).
- 2 MILE** On Braxmar Rd 33.65 feet before black lamp pole # 86 (and between Avon Rd and Wynnwood Ave).
- 3 MILE** At west edge of driveway of 146 St. Amelia Dr (and between Westfall Dr and Marian Dr).
- FINISH** At 45 Westfall Dr and 24.17 feet south of school's concrete path between building and street, and 7.34 feet north of round manhole cover "N.M.P Corp.".



*Road Running Technical Council
USA Track & Field*
Measurement Certificate

recognized by



Name of the course WNY Heroes 5K Distance 5 Km
Location (state) NY (city) Tonawanda
Type of course: road race ☒ calibration course ☐
Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Jeff John, Box 608, Amherst NY 14226
(716) 982-4779 RaceMeasure@BuffaloRunners.com
Race contact (name, address, phone & e-mail) Denise Cronyn
(716) 698-5912 dmcronyn@gmail.com
Date(s) when course measured: April 4, 2019
Number of measurements of entire course: 2 Course Configuration: Partial Loop
Elevation (meters above sea level) Start 176.5 Finish 175.9 Highest 179.5 Lowest 175.6
Straight line distance between start & finish 200 meters Drop 0.12 m/km Separation 4 %
Type of surface: paved 100 % dirt - % gravel - % grass - % track - %
Effective date of certification: April 7, 2019 Certification code: NY19004JJ

Notice to Race Director: Use this Certification Code
in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2029**

AS NATIONALLY CERTIFIED BY:

Jeffrey John

Date: April 7, 2019

Jeff John – USATF/RRTC Certifier
Box 608, Amherst NY 14226

(716) 982-4779

RaceMeasure@BuffaloRunners.com