

Running Water 5K / 1 Mile Walk

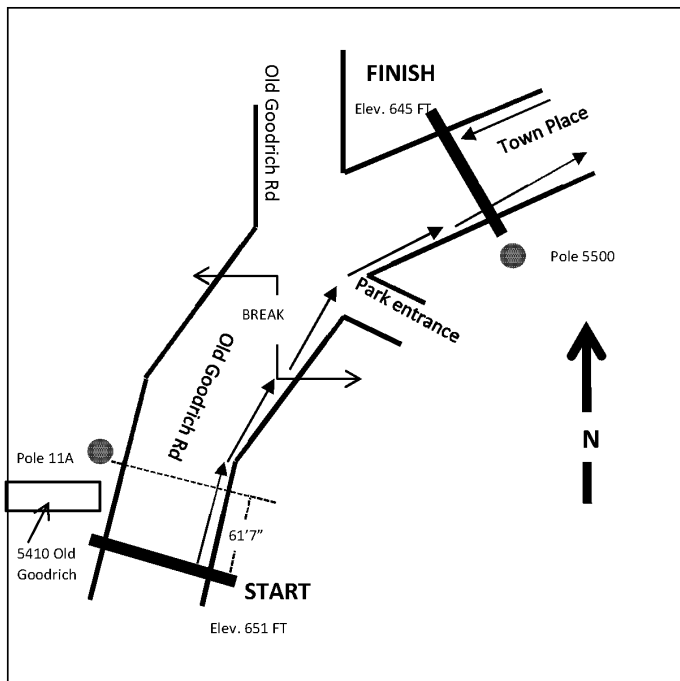
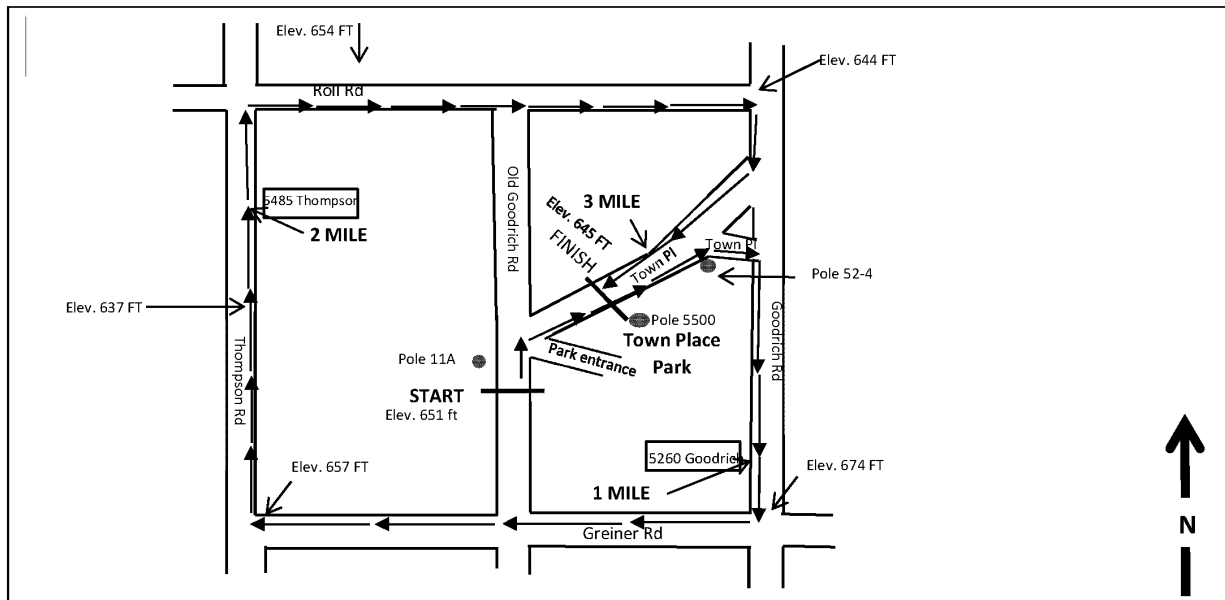
Clarence NY
Measured by Bob Laskowski
Distance: 5K



USATF Certificate

NY16015JG
Effective: 03/13/2016
through 12/31/2026

Race Director: Susan Rybarczyk
Measured 3/8/16



Mile Splits

START: On Old Goodrich Rd, 61'7" south of Pole #11A

1 MILE: Inline with 5260 Goodrich Rd

2 MILE: Inline with driveway of 5485 Thompson Rd

3 MILE: On Town Place, 44'4" south of pole #52-4

FINISH: On Town Place inline with pole #5500

-Erie Basin Marina 1000 foot calibration course used (NY12005JG).

-Runners have access to entire road surface to allow shortest distance.

-All reference points marked with 2" PK(Parker-Kalon) nails, then sprayed with yellow fluorescent paint.



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course Running Water 5K / 1 Mile Walk Distance 5 km
Location (state) NY (city) Clarence
Type of course: road race ☒ calibration course ☐ track ☐
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Bob Laskowski, 205 Brookwood Dr, West Seneca, NY 14075;
716-308-8687; rlaskowski@realtyusa.com
Race contact (name, address, phone & e-mail) Susan Rybarczyk, 9855 Keller Rd, Clarence Ctr, NY 14032
716-713-4767; susan@letthemlol.com
Date(s) when course measured: March 8, 2016
Number of measurements of entire course: 2 Course Configuration: keyhole
Elevation (meters above sea level) Start 198.4 Finish 196.6 Highest 205.4 Lowest 192.0
Straight line distance between start & finish 1500' | 457.2 m Drop 0.4 m/km Separation 9.1 %
Type of surface: paved 100 % dirt - % gravel - % grass - % track - %
Effective date of certification: March 13, 2016 Certification code: NY16015JG

Notice to Race Director: Use this Certification Code
in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2026**

AS NATIONALLY CERTIFIED BY:

Digitally signed by James A. Gilmer
DN: cn=James A. Gilmer, o=NY Regional Certifier,
ou, email=jim.gilmer@gmail.com, c=US
Date: 2016.03.14 09:34:28 -0400

Date: March 14, 2016

James A. Gilmer, USATF/RRTC Certifier • 232 Van Wies Point Rd., Glenmont, NY 12077-4222
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