

Brave Like Gabe 5k

St. Paul, MN

Map not to Scale

Description: Runners start even with 3rd parking strip West of 3rd lamp post from the West between the path and parking lot located Southeast of the pavilion. Take the path east to the corner of Horton and Lexington. Turn left on the path and proceed through the tunnel under Lexington. Immediately after going through the tunnel, stay to the left. After passing the USS Swordfish Memorial (torpedo) turn right onto the bike path. Continue on the bike path traveling counterclockwise around Lake Como. On the Northwest side of the lake, continue on the bike path that runs parallel to Lexington Pkwy N. When reaching the South parking lot take the path to the left and follow along the Northwest side of the parking lot past Hamm Memorial Waterfalls. Cross Nausbaumer Dr and take immediate path to the right along the lake. Continue Southeast on the walking path along the West side of the Lake Como. Take the first right past the South parking lot (where you first got on the bike path) and retrace your steps past the USS Swordfish Memorial to the finish.

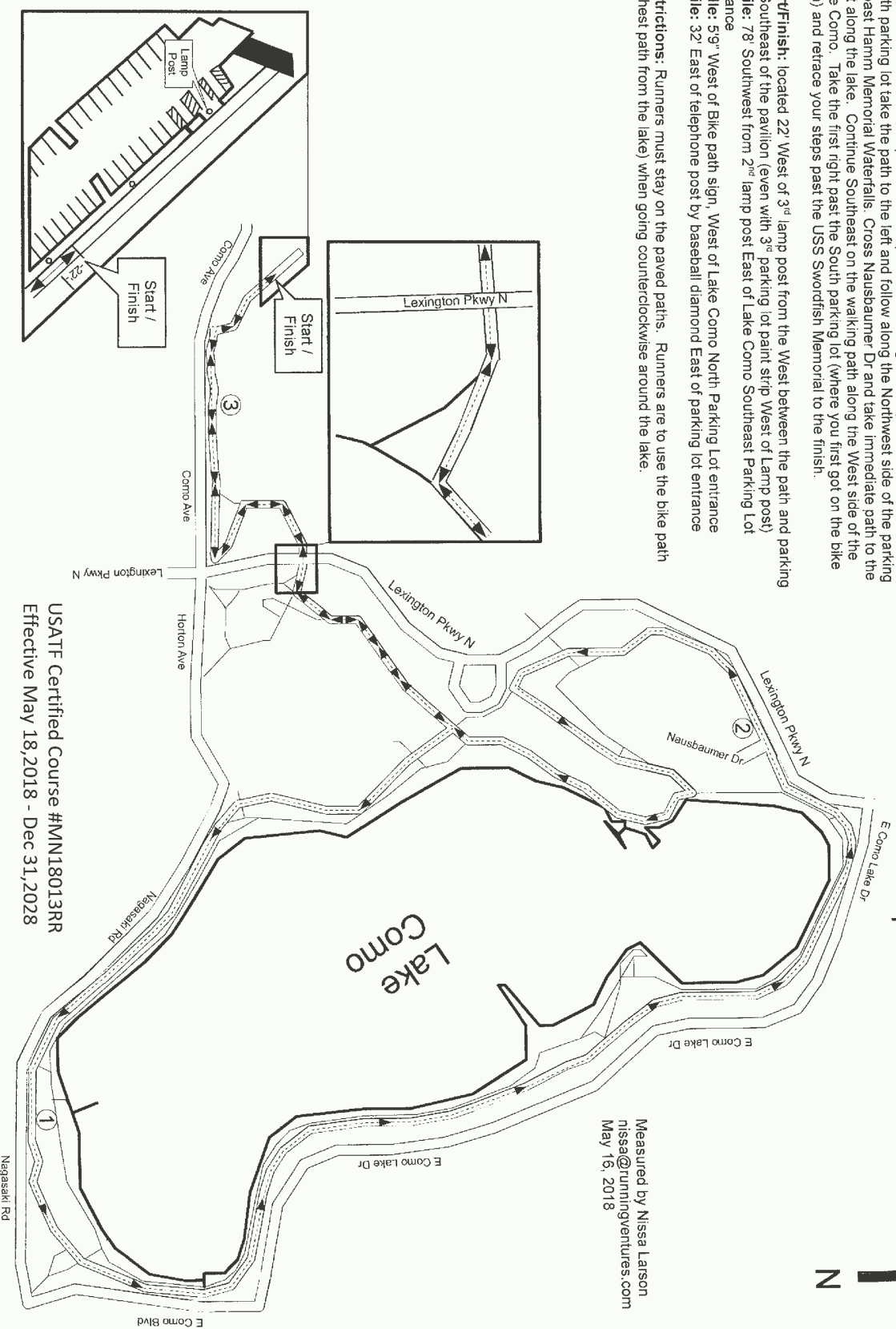
Start/Finish: located 22' West of 3rd lamp post from the West between the path and parking lot Southeast of the pavilion (even with 3rd parking lot paint strip West of Lamp post)

1 Mile: 78' Southwest from 2nd lamp post East of Lake Como Southeast Parking Lot entrance

2 Mile: 59' West of Bike path sign, West of Lake Como North Parking Lot entrance

3 Mile: 32' East of telephone post by baseball diamond East of parking lot entrance

Restrictions: Runners must stay on the paved paths. Runners are to use the bike path (furthest path from the lake) when going counterclockwise around the lake.



Measured by Nissa Larson
nissa@runningventures.com
May 16, 2018

USATF Certified Course #MN18013RR
Effective May 18, 2018 - Dec 31, 2028



*Road Running Technical Council
USA Track & Field*
Measurement Certificate



Name of the course Brave Like Gabe 5K Distance 5km
Location (state) MN (city) St Paul
Type of course: road race ☒ calibration course ☐
Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Nissa Larson - 6405 Olympia St - Golden Valley, MN55427 - 763
568 2465 - nissa@runningventures.com
Race contact (name, address, phone & e-mail) Mary Anderson - 4047 Camberwell Dr N - Eagan, MN55123
651 688 9143 - mary@andersonraces.com
Date(s) when course measured: May 16, 2018
Number of measurements of entire course: Two Course Configuration: Keyhole
Elevation (meters above sea level) Start 278 Finish 278 Highest 279 Lowest 270
Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
Type of surface: paved 100 % dirt % gravel % grass % track %
Effective date of certification: May 18, 2018 Certification code: MN18013RR

Notice to Race Director: Use this Certification Code
in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2028**

AS NATIONALLY CERTIFIED BY:

Rick Recker

Date: May 18, 2018

Rick Recker – USATF/RRTC Certifier - 19 S 1st St #2203 - Minneapolis, MN55401
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