

Minneapolis, MN **Women Run the Cities 5K**

Map not to Scale

Description: Runners begin at Start and proceed E on Godfrey Pkwy, turning slightly N onto River Road until they reach the turnaround, then return heading S to Godfrey Pkwy and W to the finish line

Restrictions: Runners have full use of road from Start to 46th Ave on Godfrey Pkwy, and on the return from 46th Ave to the finish. N of 46th Ave runners are limited to "With Traffic" lanes of Godfrey Pkwy/River Road

Splits:

Start – Even w/ Easternmost Pedestrian Crossing sig non W edge of crosswalk E of playground on Godfrey Pkwy

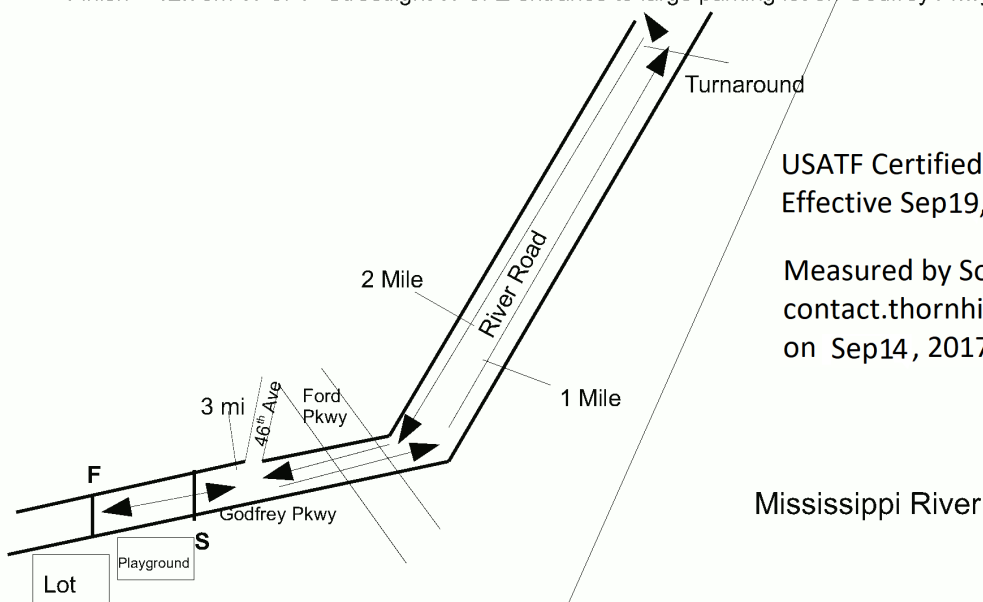
1 Mile – 6.6m S of 1st streetlight S of Northrop Dr. on River Road

TA – 6m S of S edge of wall at intersection of 37th Ave and Edmund (which runs parallel to River Road)

2 Mile – 3m N of 1st streetlight S of Northrop Dr on River Road

3 Mile – 1.5m E of storm drain E of start line on Godfrey Pkwy

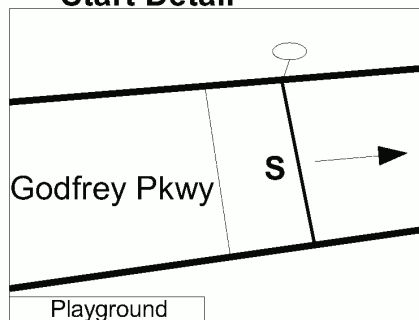
Finish – 12.75m W of 1st Streetlight W of E entrance to large parking lot on Godfrey Pkwy



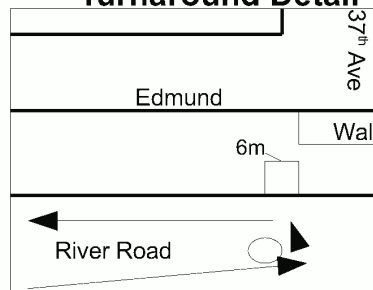
USATF Certified Course# MN17037RR
 Effective Sep19,2017 - Dec 31, 2027

Measured by Soren Larson
 contact.thornhillrecords@gmail.com
 on Sep14, 2017

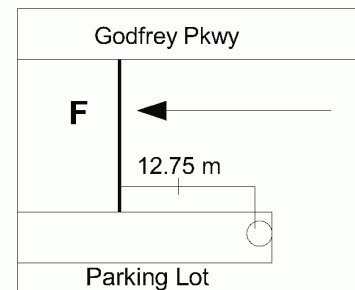
Start Detail



Turnaround Detail



Finish Detail





*Road Running Technical Council
USA Track & Field*
Measurement Certificate



Name of the course Women Run The Cities 5km Distance 5km
Location (state) MN (city) Minneapolis
Type of course: road race ☒ calibration course ☐
Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Soren Larson - 1823 Laurel Av #5 - St Paul, MN 55104 - 651 428 5174 - contact.thornhillrecords@gmail.com
Race contact (name, address, phone & e-mail) Ed Whetham - 2635 University Av W #190 - St Paul, MN 55114 651 491 9649 - ed@tcmevents.org
Date(s) when course measured: Sep 14, 2017
Number of measurements of entire course: Two Course Configuration: Out/Back
Elevation (meters above sea level) Start 254 Finish 254 Highest 258 Lowest 245
Straight line distance between start & finish 140m Drop 0 m/km Separation 2.8 %
Type of surface: paved 100 % dirt % gravel % grass % track %
Effective date of certification: Sep 19, 2017 Certification code: MN17037RR

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2027**

AS NATIONALLY CERTIFIED BY:

Date: Sep 19, 2017

Rick Recker - USATF/RRTC Certifier

19 S 1st St #2203 - 612 375 0805 - rick_recker@hotmail.com