

Med City Fall 10km - Rochester, MN

USATF Certified Course# MN16039RR

Effective Sep 10, 2016 - Dec 31, 2026

Measured by Rick Recker - 612 375 0805

on Sep 6, 2016

Participants may use all of path described on map to obtain the shortest possible route. Event starts at N end of Bamber Valley School parking lot, proceeds S to S end, turn right, then right again. Proceed N to exit parking lot. Left(W) to Stonegate Ct. Right(N) around Ct. Right(W) on Mayowood Rd. Right(E) onto pedestrian path along river. Left(W) over river at Hwy 14. Left(S) along river to Apache Dr. Right(N) to Apache Ct. Right(E) to finish.

Mile1- 4m W mailbox 3320

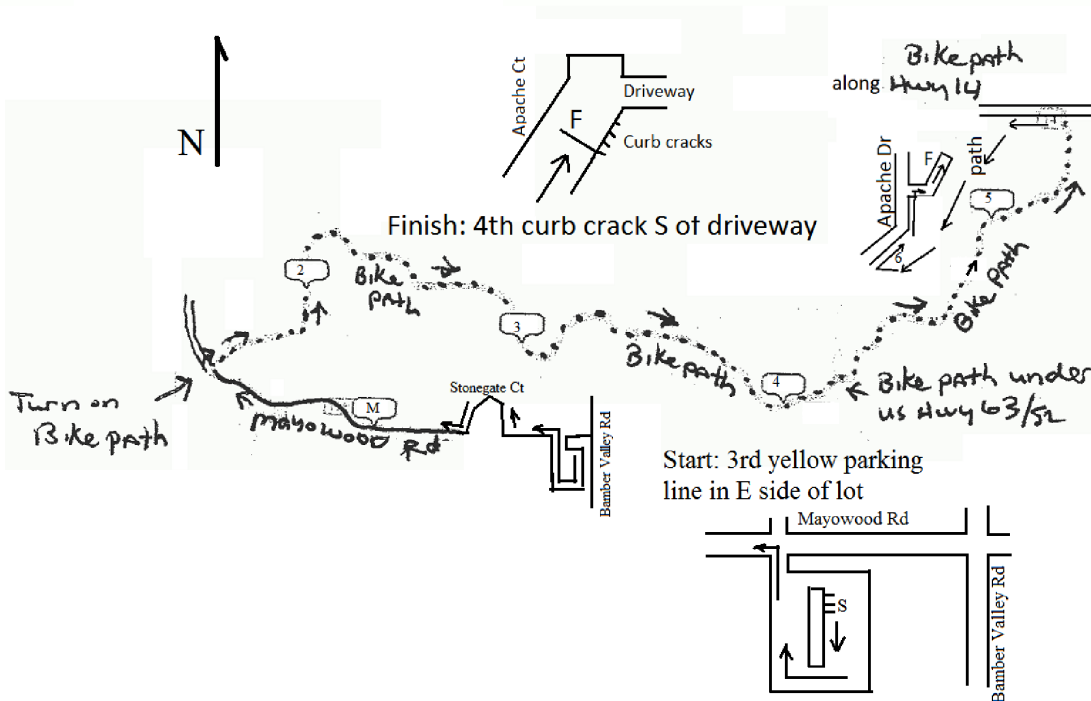
Mile4- 230m S of wooden park bench

Mile2- 124m S of wood fencepost

Mile5- 35m N of concrete sewer outlet

Mile3- 168m N of chain link fence

Mile6- 4m N of lightpole #8





**Road Running Technical Council
USA Track & Field**

Measurement Certificate

recognized by



Name of the course Med City Fall 10k Distance 10km
 Location (state) MN (city) Rochester
 Type of course: road race calibration course track
 Measuring methods: bicycle steel tape electronic distance meter
 Measured by (name, address, phone & e-mail) Rick Recker - IAAF Measurer - 19 S 1st St #2203 - Minneapolis MN55401 - 612 375 0805 - rick_recker@hotmail.com
 Race contact (name, address, phone & e-mail) Final Stretch - 12447 150th St E - Nerstrand, MN55053 - 507 664 9438 - info@finalstretch.com
 Date(s) when course measured: Sep 6, 2016
 Number of measurements of entire course: Two Course Configuration: Loop
 Elevation (meters above sea level) Start 304 Finish 304 Highest 307 Lowest 300
 Straight line distance between start & finish 2.5km Drop 0 m/km Separation 25 %
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Effective date of certification: Sep 10, 2016 Certification code: MN16039RR

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2026**

AS NATIONALLY CERTIFIED BY:

Rick Recker

Date: Sep 10, 2016

Rick Recker - USATF/RRTC Certifier
 19 S 1st St #2203 - 612 375 0805 - rick_recker@hotmail.com