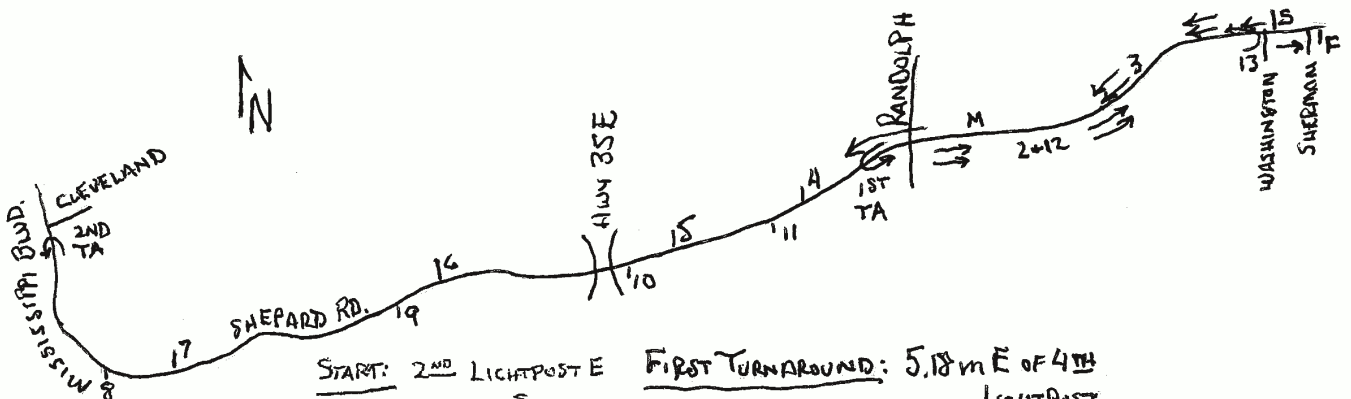


Women Rock 21k - St Paul, MN

USATF Certificate# MN15062RR - Effective Aug 26,2015 - Dec 31,2025

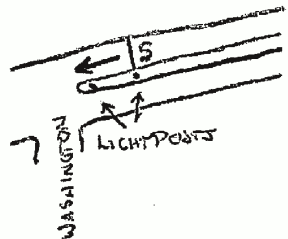
Measured by Rick Recker (612 375 0805) on Aug 23,2015

Entrants use all of available pavement to obtain the shortest possible route. Event starts in westbound Shepard Rd, proceeds W to 1st turn-around near Randolph. Returns E to Washington St, turns W to 2nd turnaround. Returns to finish.

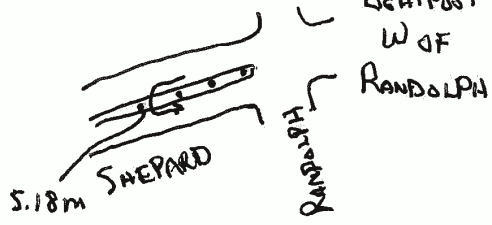


- Mile 1 - 23m E of 'Be Prepared To Stop' sign
- Mile 2 - 1m W of E end of decorative wall
- Mile 3 - 84m W of guardrail
- Mile 4 - 34m W of fire hydrant
- Mile 5 - 4m E of 2 mature trees in median
- Mile 6 - 7m E of W facing 'Speed Limit 50' sign
- Mile 7 - 11m W of Davern
- Mile 8 - (W of Prior) 13m W of 'No Parking' sign
- Mile 9 - 16m W of Alton St
- Mile 10 - (W of Jct 35E sign) 3m W of storm sewer
- Mile 11 - (W of Otto) 3m E 'Speed Limit 45' sign
- Mile 12 - 4 lightposts E of Randolph
- Mile 13 - Stoplight at Washington

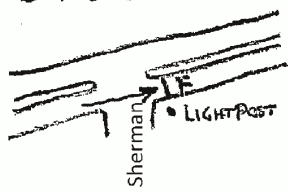
START: 2ND LIGHTPOST E OF WASHINGTON ST.



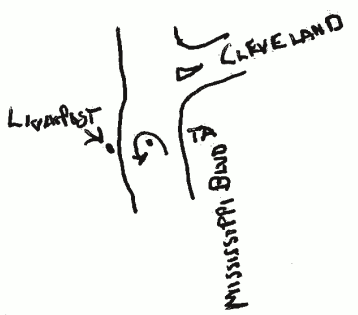
FIRST TURNAROUND: 5.18m E OF 4TH LIGHTPOST W OF RANDOLPH



FINISH: LIGHTPOST JUST E OF SHERMAN ST.



SECOND TURNAROUND: 1ST LIGHTPOST S OF CLEVELAND





Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Women Rock 21k Distance 21.0975km
 Location (state) MN (city) St Paul
 Type of course: road race calibration track Configuration: 2 Out/Back's
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Elevation (meters above sea level) Start 217 Finish 217 Highest 246 Lowest 216
 Straight line distance between start & finish 140m Drop 0 m/km Separation .7 %
 Measured by (name, address, phone & e-mail) Rick Recker - IAAF Measurer - 19 S 1st St #2203 - Minneapolis, MN55401 - 375 0805 - rick_recker@hotmail.com
 Race contact (name, address, phone & e-mail) Team Ortho - 2906 2nd St N - Minneapolis, MN55411 - 612 990 9742 - info@teamortho.us
 Measuring Methods: bicycle steel tape electronic distance meter
 Number of measurements of entire course: 2 Date(s) when course measured: Aug 23, 2015
 Race date: Aug 29, 2015 Course certification effective date: Aug 26, 2015
 Certification code: MN15062RR

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2025**

AS NATIONALLY CERTIFIED BY:

Rick Recker

Date: Aug 26, 2015

Rick Recker – USATF/RRTC National Certifier
 19 S 1st St #2203 - 612 375 0805 - rick_recker@hotmail.com