Park & Run 5k
May 21, 2006
MN. 06009.RR

Course: The entire race is on paved trails in the city of St. Louis Park. Begin in Wolfe Park heading west on the northern trail, take the next two lefts to go east on the center trail, turn sharp right onto the southern trail and return west all the way to the boardwalk, curving to the north and then east again on the northern trail. Cross Monterey Drive and 36th St corner-to-corner toward Bass Lake Preserve, then turn right to circle the lake counter-clockwise. Back at the corner, cross Monterey Drive and 36th toward the head of the southern Wolfe Park trail, take that all the way through the boardwalk again, curve to the east, and then turn south (right) on the north/south trail to finish at the junction of trails.

Start: Westbound on northern trail 11.1 m (36' 4") W of 2nd lamp post W of footbridge.

Mile 1: Center of northbound lane of Monterey Drive as you travel corner-to-corner across Monterey Drive and 36th St. Recommend placing the mile marker on the NE corner of the junction.

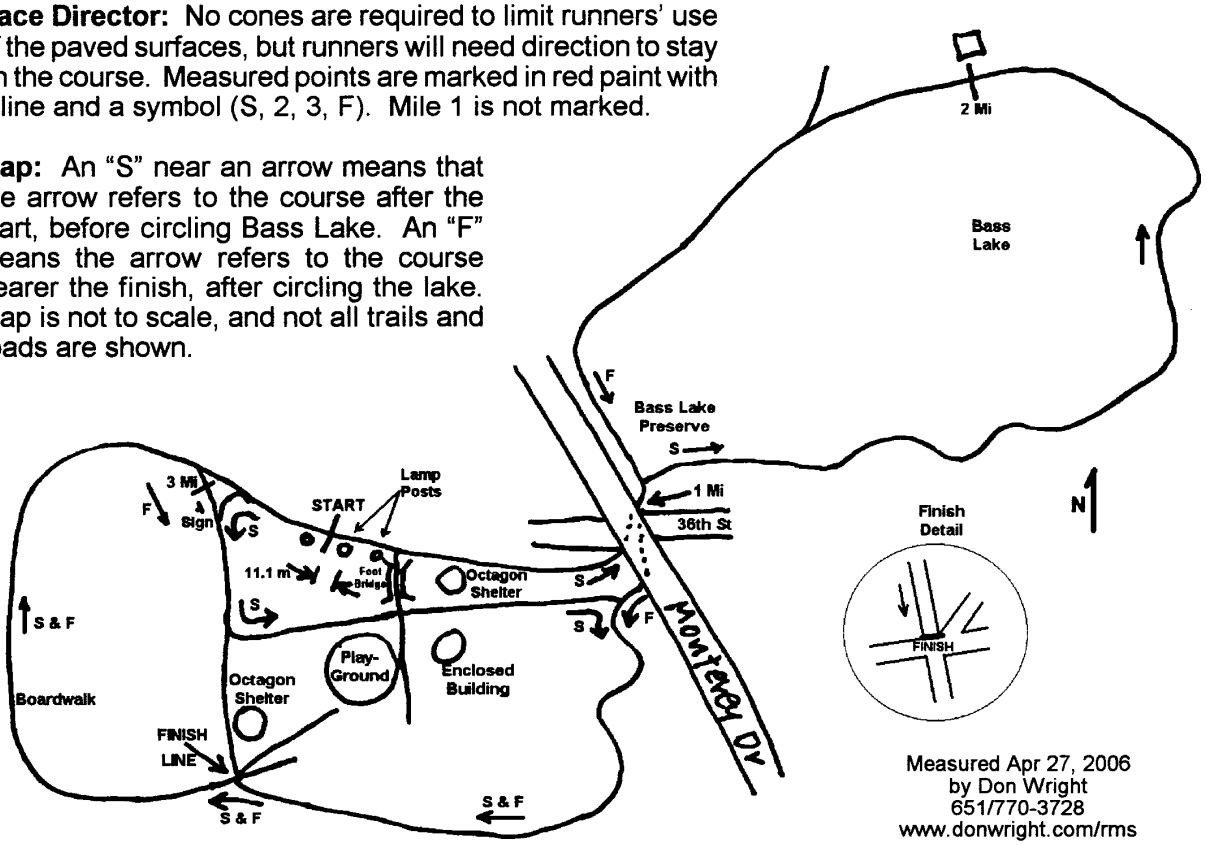
Mile 2: Westbound on N side of Bass Lake 1.7 m (5' 6") E of W edge of picnic slab at SW corner of Park Glen Apartment Homes complex.

Mile 3: Curving right from eastbound to southbound (see map) 2.7 m (9 ft) NW of display sign titled "Shoreline Habitat Restoration Project."

Finish: North edge of junction of five (arguably six) trails just S of octagonal open picnic shelter near S edge of Wolfe Park.

Race Director: No cones are required to limit runners' use of the paved surfaces, but runners will need direction to stay on the course. Measured points are marked in red paint with a line and a symbol (S, 2, 3, F). Mile 1 is not marked.

Map: An "S" near an arrow means that the arrow refers to the course after the start, before circling Bass Lake. An "F" means the arrow refers to the course nearer the finish, after circling the lake. Map is not to scale, and not all trails and roads are shown.



Measured Apr 27, 2006
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