

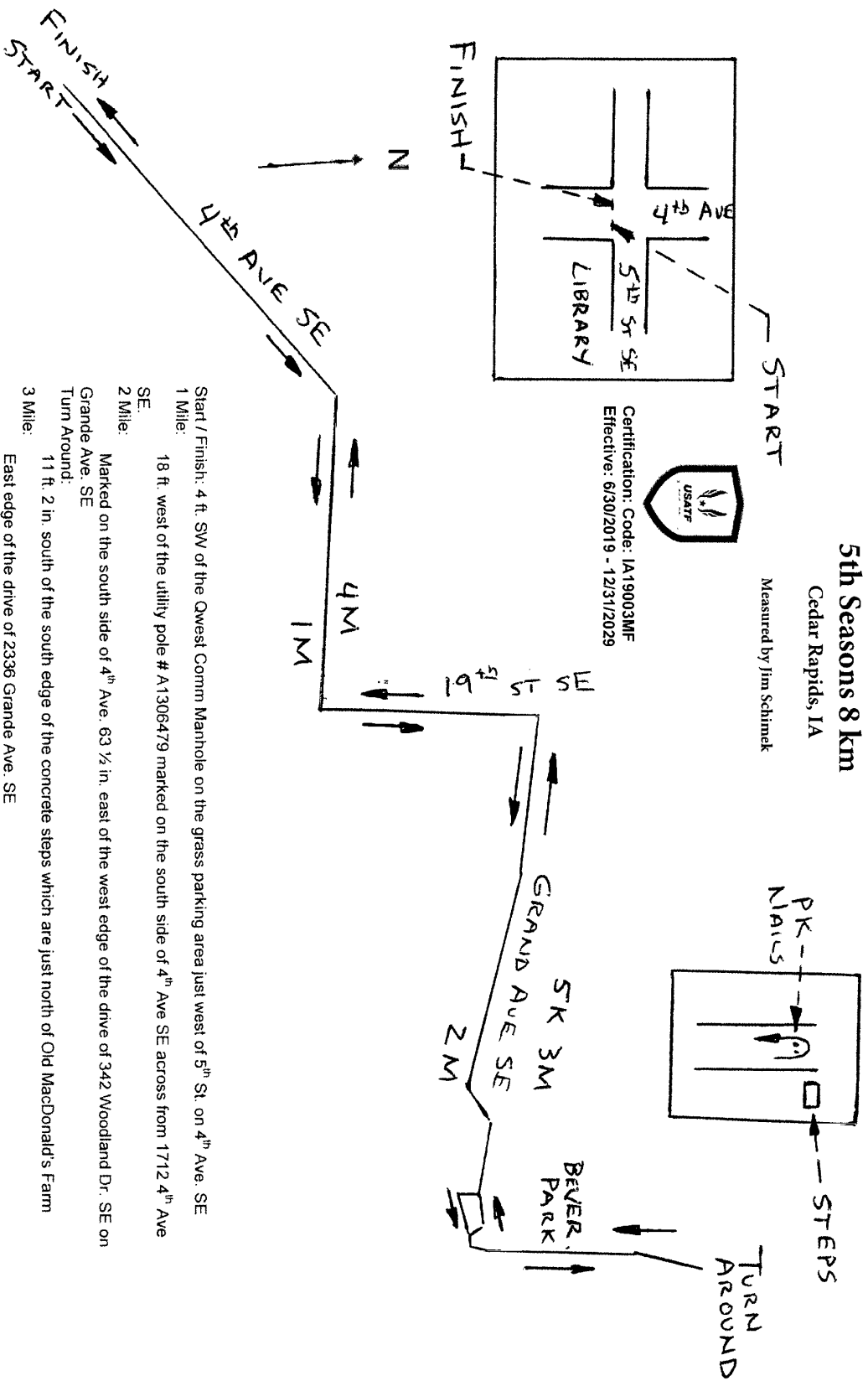
5th Seasons 8 km

Cedar Rapids, IA

Measured by Jim Schmeck



Certification: Code: IA19003MF
Effective: 6/30/2019 - 12/31/2029



- Start / Finish: 4 ft. SW of the Qwest Comm Manhole on the grass parking area just west of 5th St. on 4th Ave. SE
 - 1 Mile: 18 ft. west of the utility pole # A1306479 marked on the south side of 4th Ave SE across from 1712 4th Ave SE.
 - 2 Mile: Marked on the south side of 4th Ave. 63 ½ in. east of the west edge of the drive of 342 Woodland Dr. SE on Grande Ave. SE
 - Turn Around: 11 ft. 2 in. south of the south edge of the concrete steps which are just north of Old MacDonald's Farm
 - 3 Mile: East edge of the drive of 2336 Grande Ave. SE
 - 4 Mile: 4 ft. 3 in. west of the east corner of the drive of 2256 Grande Ave SE
 - 4 Mile: 26 ft. 2.5 in. SW of the north curb at 17th St. on 4th Ave. and 25 ft. 2.5 in. NE of the south curb
- All points are marked with pink paint and start / finish and turn around are permanently marked with PK nails
An offset maneuver was used at 4th Ave. SE and 19th St. SE
Turnaround is a 180 turn in the middle of the park road.



**Road Running Technical Council
USA Track & Field**

Measurement Certificate



Name of the course 5th Season 8K Distance 8 km
 Location (state) Iowa (city) Cedar Rapids
 Type of course: road race calibration course
 Measuring method: bicycle steel tape electronic distance meter
 Measured by (name, address, phone & e-mail) Jim Shimek, 605 2nd Street, Fairfax, IA 52228-9608
319-845-3055 jimshimek@ymail.com
 Race contact (name, address, phone & e-mail) Mark Powers, P.O. Box 1341, Cedar Rapids, IA 52406-1341
319-396-1837 markpowers@corridorrunning.com
 Date(s) when course measured: June 14, 2019
 Number of measurements of entire course: 2 Course Configuration: Out/Back
 Elevation (meters above sea level) Start 222 Finish 222 Highest 269 Lowest 222
 Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Effective date of certification: June 30, 2019 Certification code: IA19003MF

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2029**

AS NATIONALLY CERTIFIED BY:

Michael Franke

Date: July 1, 2019

Michael Franke – USATF/RRTC Certifier
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