



*Road Running Technical Council
USA Track & Field*
Measurement Certificate



Name of the course 2026 TVFR Frank Nealon Boston Tune-Up 15k Distance 15 km
Location (state) MA (city) Upton
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Mark Capparella - 30 Scott Hill Blvd - Bellingham, MA 02019 - (508) 740-7836 - mark.capparella@tvfr.run
Race Contact Tri-Valley Front Runners - PO Box 125, Milford, MA 01757 - 508 740 7836 - BTU15K@TVFR.run
Date(s) when course measured: 10/18/2025
Number of measurements of entire course: 2 Course Configuration: complex of different loop
Elevation (meters above sea level) Start 88.09 Finish 88.09 Lowest 79.86 Highest 130.15
Straight line distance between start and finish 0 m Drop: 0.00 m/km Separation 0.00 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: March 13, 2026 Certification code: MA25028JK

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2036**

AS NATIONALLY CERTIFIED BY:

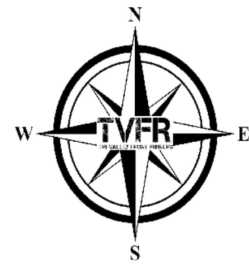
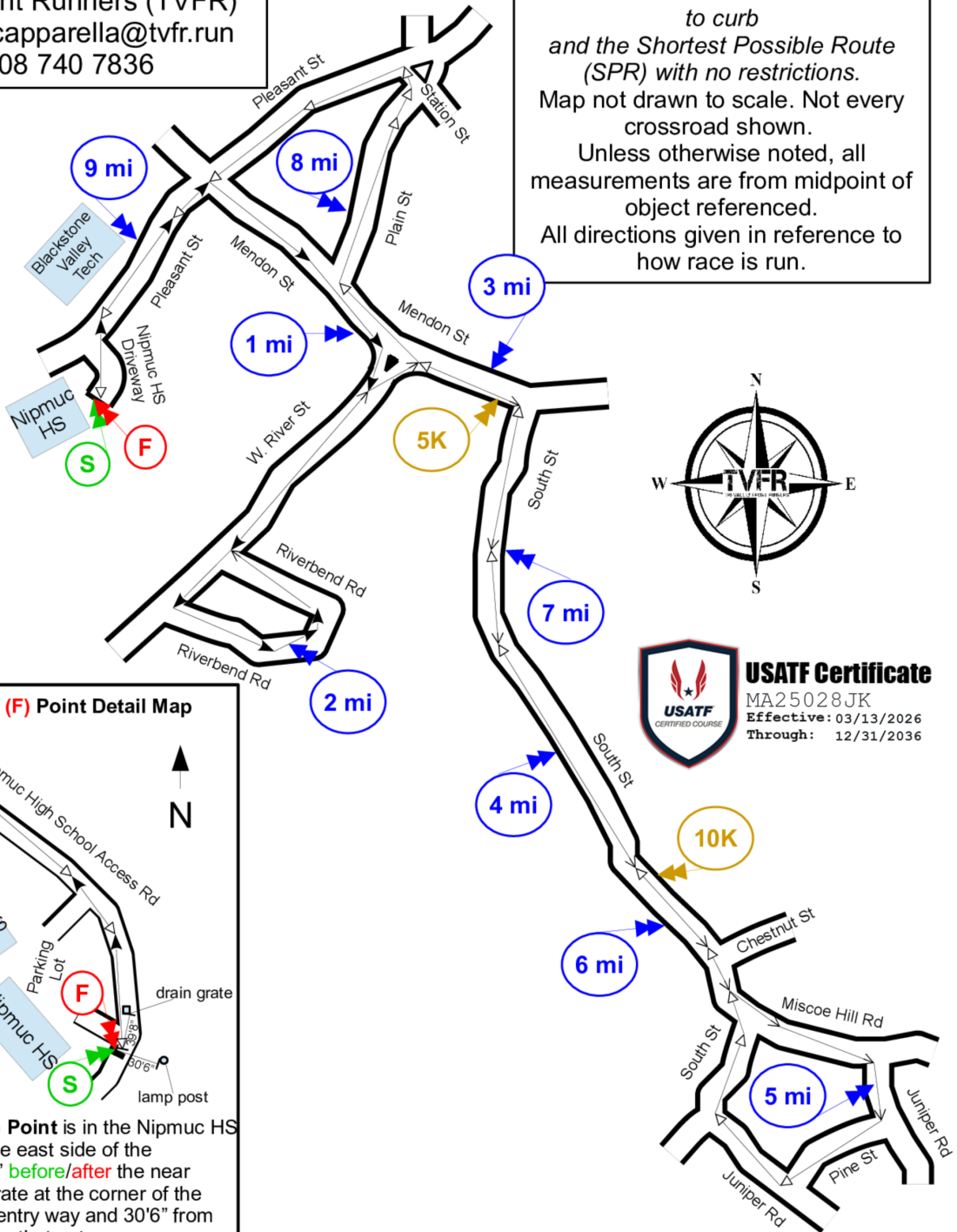
Date: March 17, 2026

Justin Kuo - USATF/RRTC Certifier - 39 Oakland Rd, Brookline MA 02445
(617) 487-4463 - jkuo+certifier@usatfne.org

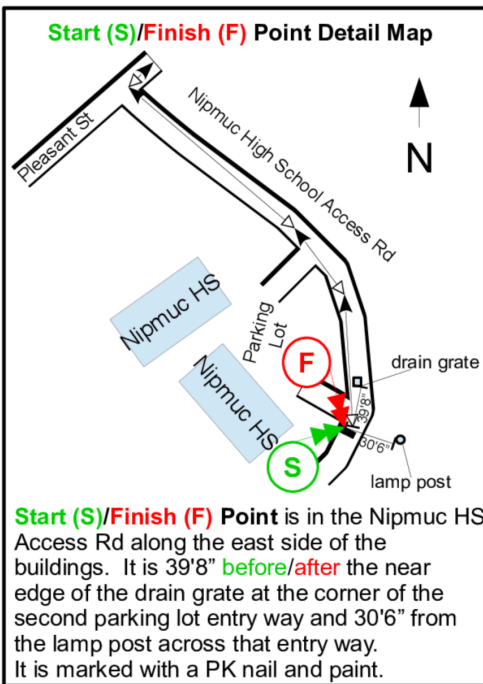
2026 TVFR Frank Nealon Boston Tune-Up 15K Upton, MA

Measured 18OCT2025
by Mark Capparella
Tri-Valley Front Runners (TVFR)
email: mark.capparella@tvfr.run
Cell: 508 740 7836

NOTES
This course was measured using the full width of the road from curb to curb and the Shortest Possible Route (SPR) with no restrictions. Map not drawn to scale. Not every crossroad shown. Unless otherwise noted, all measurements are from midpoint of object referenced. All directions given in reference to how race is run.



USATF Certificate
MA25028JK
Effective: 03/13/2026
Through: 12/31/2036



2026 TVFR Frank Nealon Boston Tune-Up 15K (Upton, MA) Course Description and Location of all Race Points (Start/Finish Point, Mile Marks, and 5 K Marks)

NOTES: All directions are given in reference to how race is run.

Unless otherwise indicated, all measurements are from mid-point of item referenced.

START POINT (S) DETAIL: Start Point (S) is in the Nipmuc HS Access Rd along the east side of the buildings. It is 39'8" before the near edge of the drain grate at the corner of the second parking lot entry way and 30'6" from the lamp post across that entry way. It is marked with a PK nail and paint.

Start as per **START POINT (S) DETAIL** heading north towards Pleasant St.

Turn **RIGHT** onto Pleasant St.

Turn **RIGHT** onto Mendon St.

MILE 1 is on Mendon St. It is 38'5" before the mailbox pole for #90 Mendon St. It is marked by a "1" in paint.

Turn **RIGHT** onto W. River St.

Turn **LEFT** onto the **SECOND** entry to Riverbend Rd.

Follow Riverbend Rd. counterclockwise back to W. River St.

MILE 2 is on Riverbend Rd. It is 17'3" after the near edge of the storm drain grate across from the driveway of #14 Riverbend Rd. It is marked by a "2" in paint.

Turn **RIGHT** back onto W. River St. and return to Mendon St.

Turn **RIGHT** onto Mendon St., bearing to the right at the fork at the end of W. River St.

MILE 3 is on Mendon St. It is 93'2" before the mailbox pole for #90 Mendon St. It is marked by a "3" in paint.

The 5 K mark is on Mendon St. It is opposite from and 13'0" before the mailbox pole for #98 Mendon St. It is marked with a "5 K" in paint.

Turn **RIGHT** onto South St.

MILE 4 is on South St. It is opposite from and 64'6" after utility pole #26. It is marked by a "4" in paint.

Bear **RIGHT** to stay onto South St. at its junction with Chestnut St.

Bear **LEFT** onto Miscoe Hill Rd. at its junction with South St.

Turn **RIGHT** onto Juniper Rd.

MILE 5 is on Juniper Rd. It is 29'0" before the mailbox pole for #1 Juniper Rd. It is marked by a "5" in paint.

Turn **RIGHT** onto Pine St.

Turn **RIGHT** onto Juniper Rd. at the end of Pine St.

Turn **RIGHT** onto South St. at the end of Juniper Rd.

Bear **LEFT** to stay on South St. at its junction with Miscoe Hill Rd.

Bear **LEFT** to stay on South St. at its junction with Chestnut St.

MILE 6 is on South St. It is 12'3" after utility pole MECO 42/VZ 42. It is marked by a "6" in paint.

The 10 K mark is on South St. It is 64'0" after mailbox pole for # 124 South St. It is marked with a "10 K" in paint.

MILE 7 is on South St. It is 35'0" before mailbox pole for # 44 South St. It is marked by a "7" in paint.

Turn **LEFT** back onto Mendon St. at the end of South St.

Bear RIGHT onto Plain St. at its junction with Mendon St.

MILE 8 is on Plain St. It is 26'6" after utility pole #6 across from Blueberry Ln. and just before the railroad tracks. It is marked by an "8" in paint.

Turn LEFT onto Station St.

Turn LEFT onto Pleasant St.

MILE 9 is just before and opposite from Joshua Dr. It is 62'3" after utility pole MECO 28. It is marked by a "9" in paint.

Turn LEFT onto the first access road for Nimpuc High School and continue to **FINISH POINT (F)** as per **FINISH POINT (F) DETAIL.**

FINISH POINT (F) DETAIL: Finish Point (F) is coincidental with the Start (S) point. It is in the Nipmuc HS access road along the east side of the buildings. It is 39'8" after the near edge of the drain grate at the corner of the second parking lot entry way and 30'6" from the lamp post across that entry way. It is marked with a PK nail and paint.