

Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course <u>Celebration of Running 5K</u>	Distance 5 km
Location (state) FL	(city) Orlando
Type of course: Road Race	
Measuring Methods: Bicycle	
Measured By Donald Stoner - 1430 Arrowhead Trail - E	Enterprise, FL 32725 - (407) 314-8583 - don@runnershighracing.c
Race Contact Donald Stoner - 1430 Arrowhead Trail, Er	nterprise, FL 32725 - 407-314-8583 - don@runnershighracing.cor
Date(s) when course measured: <u>07/15/2025</u>	
Number of measurements of entire course: 2 Course	e Configuration: point to point
Elevation (meters above sea level) Start 28.04 Finish	h <u>30.18</u> Lowest <u>26.52</u> Highest <u>36.58</u>
Straight line distance between start and finish 201.78 r	m Drop <u>-0.43</u> m/km Separation <u>4.04</u> %
Type of surface: Paved 100 % Dirt 0 % Gravel	1 <u>0 %</u> Grass <u>0 %</u> Track <u>0 %</u>
Effective date of certification: July 16, 2025	Certification code: FL25013JK
	Note to Race Director: Use this Certification Code
	in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year:

AS NATIONALLY CERTIFIED BY:

Justin Kuo - USATF/RRTC Certifier - 39 Oakland Rd, Brookline MA 02445

(617) 487-4463 - jkuo+certifier@usatfne.org

Date: July 18, 2025

way along the designated course except as

noted on Ferris Ave.

Celebration of Running 5K o Urban Mile 3 Princeton & Orlando, FL Finish N Orange Measured by: Don Stoner Start 5 don@runnershighracing.com Enterprise, FL 15 July 2025 St o Course Description Cardiov This is a loop course that begins on the road Intervention near 2016 Alden Road, Orlando, FL 32803. The start is located on the East side of the road and St Center for ve Health just north of the entrance to the Orlando ballet Diges parking lot. The course heads South following Alden Road and turns left onto Midway Drive St heading East for one block before turning left and heading North on New York Ave. At the Orange Ave dead end of New York Ave the course turns right and heads East on S. Lake Formosa Dr. Mc The course turns righ onto Ferris Ave and follows the road South until it curves left and turns into Terrace Blvd. The course follows Terrace Blvd around the lake and turns left onto 3altimore Ave Ne Laurel Ave. It continues South for one block Dauphin Ln and turns left onto E. Marks St. heading East for Asher Ln two blocks, then turning left onto N. Thornton Mi Ave and heading North. The course turns right from Thornton Ave onto Oregon St. heading Virginia Dr East and then takes an immediate Left into the Virginia Vir alley way behind the Track Shack between 1109 and 1101 Oregon St. The course heads North Brookhave along the alleyway until it ends at Lake Brookhaven Dr Highland Drive. The course turns left onto Lake Highland Drive and follows it West to Ferris Ave and turns right onto Ferris Ave heading North. Mile 1 Mile 2 Mc The course follows Ferris Ave to the intersection of the Orlando Urban Trail and turns right onto the trail following it East and ke Highland Dr North. The section of Ferris Ave between the Lal Orlando Urban Trail and Lake Highland Drive will have two-way runner traffic with runners being limited to one lane. Southbound runners Lake Highland Ore being the Southbound lane and Northbound runners in the Northbound lane. This section will be divided by traffic cones. The course will Ca continue along the Orlando Urban Trail until it crosses the bridge over Lake Formosa. The course will turn left where the trail dead ends Z and follow that trail past the front entrance of We the Mennello Museum of American Art and Highland continuing on the trail until it empties out onto ry School the cul-de-sac at the East end of N. Lake Formosa Drive. The course goes around the North side of the island in the middle of the culde-sac and continues West on the road to the E Marks St Ε·Λ Camden Road intersection. The course turns Eola Dr ure right and heads North on Camden Road to the Illir Finish Line. The finish line is located on Camden Road just North of the first crosswalk. The runners have use of the entire road and trail

k Lake St MEMBOIS

Park Lake St

Celebration of Running 5K Start, Finish and Mile Locations

Starting Line

The start line is marked on the East side of Alden Road with PK nail and washer and painted with an Orange S. It is just North of the South parking lot of the Orlando Ballet. 30' North of Power Pole # 009047 next to the manhole cover in the grass.

Near 2143 Alden Road, Orlando, FL

Starting Line Coordinates

N 28.570055, W 81.371327



Finish Line

The Finish line is marked on the East side of Camden Road with a PK nail and washer and painted with an Orange F. It is just North of the Intersection with N. Lake Formosa Drive. It is 23'7" North of the 3 Hour Parking Sign and 40'6" South of Power Pole 009036. Near 2121 Camden Road, Orlando, FL

Finish Line Coordinates N 28.570680, W 81.369368



Mile Markers

1 Mile Mark: The 1 mile mark is located on the West side of Ferris Avenue between the intersection of Montana street and the Orlando Urban Trail Crossing. It is 50' South of power pole #134352 and parallel to the Hidden Driveway sign on the West side of the road.

Coordinates: N 28.562271, W 81.368411

2 Mile Mark: The mile mark is located on the North side of Lake Highland Drive, directly in front of the front door of the house at 811 Lake Highland Drive. It is marked on the North side of the road with orange spray paint on the curb.

Coordinates: N 28.561357, W 81.366878

3 Mile Mark: The 3 mile mark is located on the cul-de-sac at the East end of North Lake Formosa Drive. It is marked on the West side of the cul-de-sac on the West side of the road even with the light pole and no parking anytime sign. It is marked with orange spray paint on the curb.

Coordinates: N 28.570275, W 81.368195