



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course NYRR Central Park 10K South Distance 10 km
Location (state) NY (city) New York
Type of course: Road Race
Measuring Methods: Bicycle
Measured By James Gusmer - 156 W. 56th St. - New York, NY 10019 - (703) 346-8196 - jgusmer@nyrr.org
Race Contact Ted Metellus - 156 West 56th St, Floor 5 - 212-401-5713 - tmetellus@nyrr.org
Date(s) when course measured: 06/21/2023
Number of measurements of entire course: 2 Course Configuration: Loop plus finish turn off
Elevation (meters above sea level) Start 24.38 Finish 23.16 Lowest 8.23 Highest 39.62
Straight line distance between start and finish 245.06 m Drop 0.12 m/km Separation 2.45 %
Type of surface: Paved 100.00% Dirt 0.00 % Gravel 0.00 % Grass 0.00 % Track 0.00 %
Effective date of certification: July 10, 2023 Certification code: NY23054DNB

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

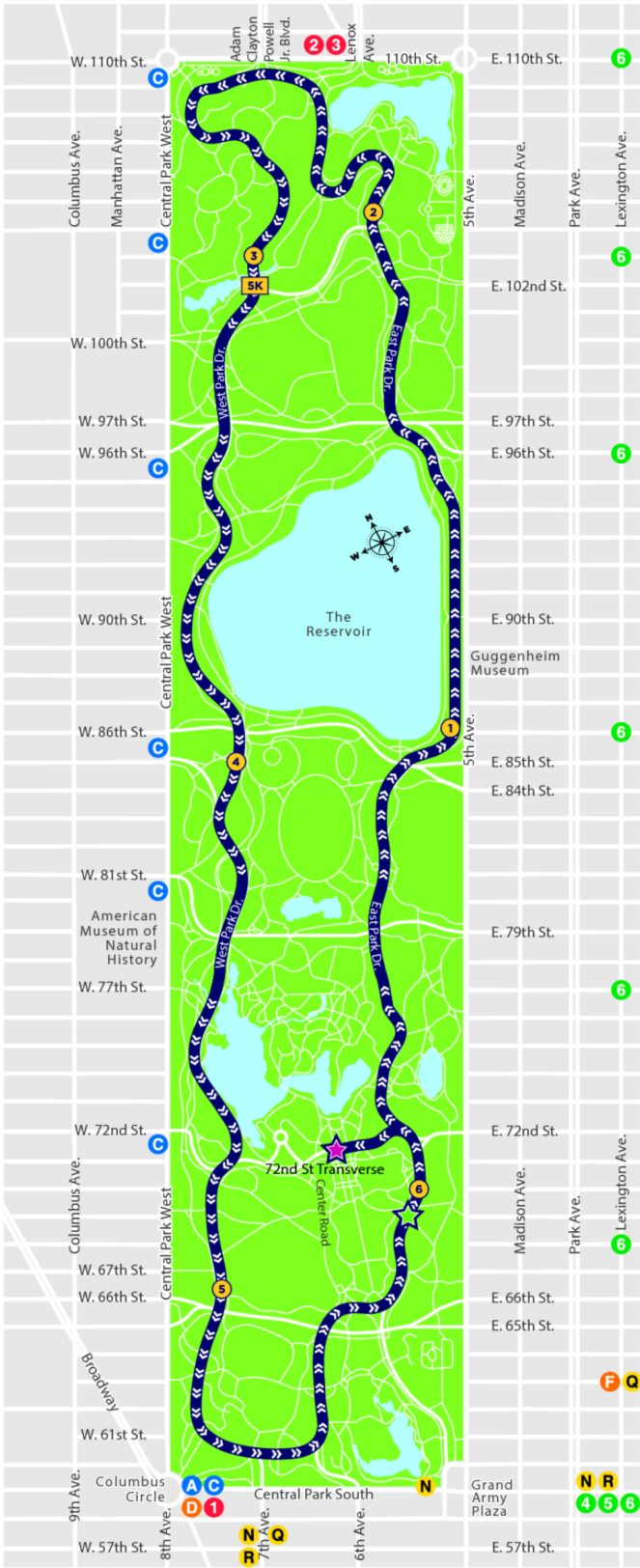
Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2033**

AS NATIONALLY CERTIFIED BY:

Date: July 13, 2023

Diana Bean - USATF/RRTC Certifier - 180 W. Lake Road, Brackney PA 18812
(607) 240-9858 - dbean0120@gmail.com



NYRR Central Park 10K South



10K - New York, NY
Measured by James Gusmer & Owen Strong,
Map by Roman Fedosieiev

jgusmer@nyrr.org
21 June 2023

KEY

- Start
- Finish
- Mile markers
- Kilometer markers
- Course route

Road Use:
Start to 2 Miles: 2 inner lanes
2 miles to 72nd transverse : 1.5 inner lanes
72nd Transverse to Finish: 2 south lanes
Shortest possible route (on all roads)
Full course landmarks on next page

Pole E6902 East Park Drive

20'11" south

Start

72nd St Transverse

11'2 east

Pole 7214/7215

Finish

NYRR Central Park 10K South - Mile and Kilometer Marks

All landmarks described from the runner's perspective as the course is run.

Start: On East Dr, 20' 11" before/south of pole E6902, which is just after the traffic light.
[40.771767, -73.969424](#)

1M: On East Dr, 44' 9" after/north of pole E8701; also 12' after/north of storm grate, which has a matching storm grate on the opposite curb. [40.782549, -73.960187](#)

2M: On East Dr, 53' 5" after/north of pole E0503, which is at the crosswalk just past/north of the 102 Transverse. [40.795462, -73.953423](#)

3M: On West Dr, 1' 8" before/north of the stone bridge just before/north of the 102 Transverse; right before the point the wooden rail ends and the rocks begin.
[40.794760, -73.959090](#)

5KM: On West Dr just before the 100th St entrance, 5' 4" before/north of the first storm grate on the left side of the road north of the 100th St entrance traffic light.
[40.793827, -73.960611](#)

4M: On West Dr just after the 85th St entrance pedestrian path traffic light, 21' after/south of pole on right side between double NYC Electrical boxes; also right near large rock and tree on left. [40.783311, -73.968321](#)

5M: On West Dr, 48' 8" after/south of pole W6501, which is also right across from the back patio of Tavern on the Green. [40.771574, -73.977285](#)

6M: On East Dr, 15' 6" after/north of pole E7000, which is near the pedestrian crosswalk; also 135' after/north of the start. [40.772375, -73.969027](#)

Finish: On the 72nd St Transverse at the easternmost entrance to the Bandshell, even with the east edge the white stop line on the western side of Bandshell entrance; also 11' 2" before/east of pole W7215/W7214 (both numbers on opposite sides) which has an "Olmstead + Vaux Way" street sign. [40.773622, -73.970944](#)