



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course BOK Center 5k #7 Distance 5 km
Location (state) OK (city) Tulsa
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Martin Updike, 812 Eastside Blvd, Muskogee, OK 74403, martin@i40raceservice.com, 918-577-1956
Race Contact Tim Dreiling, tim@fleetfeettulsa.com, 918-492-3338
Date(s) when course measured: 11/27/2025
Number of measurements of entire course: 2 Course Configuration: out and back
Elevation (meters above sea level) Start 217.00 Finish 217.00 Lowest 211.00 Highest 225.00
Straight line distance between start and finish 0m Drop 0.00 m/km Separation 0.00 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: November 19, 2025 Certification code: OK25017MU

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2035**

AS NATIONALLY CERTIFIED BY:

Date: November 19, 2025

Martin Updike - USATF/RRTC Certifier - 812 Eastside Blvd, Muskogee OK 74403
(918) 577-1956 - martin@i40raceservice.com

