

Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course Summer Sunrise Watermelon Serie	es 5k - Lakeland Runners ClubDistance 5 km
Location (state) FL	(city) Lakeland
Type of course: Road Race	
Measuring Methods: Bicycle	
Measured By James Hurst - 831 kensington st - Lakeland	, FL 33803 - (304) 494-7762 - runjames42@yahoo.com
Race Contact Sarah Kozul - PO BOX 1484 - 832-567-9096	
Date(s) when course measured: 05/20/2021	
Number of measurements of entire course: 2 Course Configuration: loop	
Elevation (meters above sea level) Start 42.98 Finish 41.15 Lowest 41.15 Highest 46.94	
Straight line distance between start and finish 398.98 m	Drop <u>0.37</u> m/km Separation <u>7.98</u> %
Type of surface: Paved 100 % Dirt 0 % Gravel 0	<u>%</u> Grass <u>0</u> % Track <u>0</u> %
Effective date of certification: May 21, 2021	Certification code: FL21019JK
	Note to Race Director: Use this Certification Code
	in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: | 2031

AS NATIONALLY CERTIFIED BY:

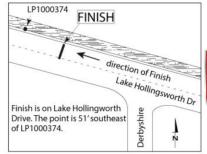
Justin Kuo - USATF/RRTC Certifier - 39 Oakland Rd, Brookline MA 02445 (617) 487-4463 - jkuo+certifier@usatfne.org

Version: 2019b

Summer Sunrise Watermelon Series 5k -Lakeland Runners Club

Lakeland, FL





this course was measured using the full width of the road and the Shortest Possible Route

USATF Certificate

FL21019JK

Effective: 05/21/2021

Through: 12/31/2031

KEY POINTS

START is on Lake Hollingsworth Dr facing southwest. Point is at LP 1000797 near the intersection with Jonila Ave.

FINISH is on Lake Hollingsworth Dr facing northwest. Point is 51'east of LP1000374.

MILE 1 is on Lake Hollingsworth Dr facing north. Point is aligned with LP1000970 on the west side of Lake Hollingsworth Dr near Hibriten Way.

MILE 2 is on the Lake Hollingsworth running path facing southwest 18'-6" northwest of LP LE175754 near Clearview Ave.

MILE 3 is on Lake Hollingsworth Dr facing southwest. Point is 30' west of LP1000806, near the drinking fountains.

