



**Road Running Technical Council  
USA Track & Field**  
**Measurement Certificate**



Name of the course Beach and Back 5K Distance 5 km  
Location (state) MA (city) Marshfield  
Type of course: Road Race  
Measuring Methods: Bicycle  
Measured By Ray Nelson, 23B Aborn St.  
Race Contact Martine Pelletier Pelletier, 150 Wood Rd., Suite 308, Braintree, MA 02184 martine.pelletier@stacksports.com  
Date(s) when course measured: 05/01/2022  
Number of measurements of entire course: 2 Course Configuration: one loop  
Elevation (meters above sea level) Start 2.00 Finish 2.00 Lowest 1.00 Highest 9.00  
Straight line distance between start and finish 22m Drop 0.00 m/km Separation 0.10 %  
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %  
Effective date of certification: May 4, 2022 Certification code: MA22002RN

Note to Race Director: Use this Certification Code  
in all public announcements relating to your race.

## ***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course ---** In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 of the year:*** **2032**

**AS NATIONALLY CERTIFIED BY:**

Date: May 4, 2022

Ray Nelson - USATF/RRTC Certifier - 23B Aborn St., Cranston RI 02905  
(401) 486-2440 - raynelson223@cox.net



BEACH AND BACK HALF MARATHON – MARSHFIELD, MASSACHUSETTS

- MEASURED BY RAY NELSON 4/24/2022 AND 5/01/2022

*DESCRIPTIONS ARE GIVEN IN THE DIRECTION OF THE RACE.*

MILE 1 – ON FOSTER AVE. AFTER 2<sup>ND</sup> ST., 1 FT BEFORE FRONT DOOR # 119 (L),  
4 FT. BEFORE END OF DRIVEWAY # 122 (R)

MILE 2 – ON MAYFLOWER LN., 15 FT. BEFORE BEGINNING OF NEVADA ST., IN  
MIDDLE OF DRIVEWAY #103 (L)

MILE 3 – ON STANDISH ST. AT CONCORD ST., 6 IN. BEFORE BEGINNING OF SEWER  
COVER ON LEFT HALF OF ROAD HEADING OUT.

- 3.425 MILES AT BLUE GATE AT END OF PARKING LOT ON RIGHT

MILE 4 – ON RIVER ST., AT HOUSE (NO #) BUT JUST BEFORE #138 (L), 21 FT.  
BEFORE FLAGPOLE (R)

MILE 5 – AT BEGINNING OF IRELAND RD., 2 FT. BEFORE END OF DRIVEWAY #4 (R)  
1<sup>ST</sup> HOUSE ON RIGHT

MILE 6 – AT LEFT TURN ONTO UPLAND RD., EVEN WITH STORM DRAIN (L),  
OPPOSITE MIDDLE OF DRIVEWAY #326 (R)

MILE 7 – @ 30 YD. AFTER TURN ONTO BAYBERRY RD., 10 FT. AFTER END OF  
GRAVEL DRIVEWAY (1<sup>ST</sup> HOUSE ON RIGHT); 24 FT. BEFORE FRONT DOOR TO  
2<sup>ND</sup> HOUSE (R)

- 7.881 AT STONE PILLERS AT OLD MOUTH RD. AND RIGHT TURN TO OFF-  
ROAD STONES AND BEACH SAND.

MILE 8 – 210 YD. AFTER STONE PILLARS (SEE COURSE MAP)

MILE 9 – 50 YD. AFTER CRICKET LN. AT END OF #45 STANDISH ST. (R)

MILE 10 – @ 60 YD. BEFORE END OF SURF AVE., 25 FT. BEFORE OREGON RD. (L), 5  
FT. AFTER MAILBOX POST # 11 (R), 7 FT. BEFORE FIRE HYDRANT (R)

MILE 11 – ON PLYMOUTH AVE. @ 30 YD. AFTER END OF SAGINAW AVE., 8 FT.  
BEFORE BEGINNING OF DRIVEWAY TO 1<sup>ST</sup> HOUSE (BROWN)

MILE 12 – ON BRIDGE NEAR END OF TOWN PIER RD. 6 FT AFTER 3<sup>RD</sup> BRIDGE SEAM

MILE 13 – ON OCEAN ST. (SAME SIDE AS FINISH) 47 FT. AFTER END OF 1<sup>ST</sup>  
CROSSWALK; 45 YD. AFTER SO. END OF CENTER ISLAND

BEACH AND BACK 5K – MARSHFIELD, MASSACHUSETTS

1 – ON PLYMOUTH AVE. 12 FT. AFTER MILE 11, 4 FT. AFTER BEGINNING OF  
DRIVEWAY TO 1<sup>ST</sup> HOUSE (R) AFTER SAGINAW AVE.

2 – 12 FT. AFTER MILE 12, 18 FT. AFTER 3<sup>RD</sup> BRIDGE SEAM

3 - ON OCEAN ST. (SAME SIDE AS FINISH) 12 FEET AFTER MILE 13