



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course Wrentham Knights of Columbus 5K Distance 5 km
Location (state) MA (city) Wrentham
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Mark Capparella - 30 Scott Hill Blvd - Bellingham, MA 02019 - (508) 740-7836 - mark.capparella@tvfr.run
Race Contact Mark DeLorenzo - 3 Hales Pond Ln, Wrentham, MA 02093 - 201-819-0931 - delorenzom@yahoo.com
Date(s) when course measured: 08/01/2026
Number of measurements of entire course: 2 Course Configuration: loop
Elevation (meters above sea level) Start 70.41 Finish 73.76 Lowest 64.01 Highest 77.72
Straight line distance between start and finish 0.14 mi Drop: -0.67 m/km Separation 4.51 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: August 30, 2026 Certification code: MA26017JK

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2036**

AS NATIONALLY CERTIFIED BY:

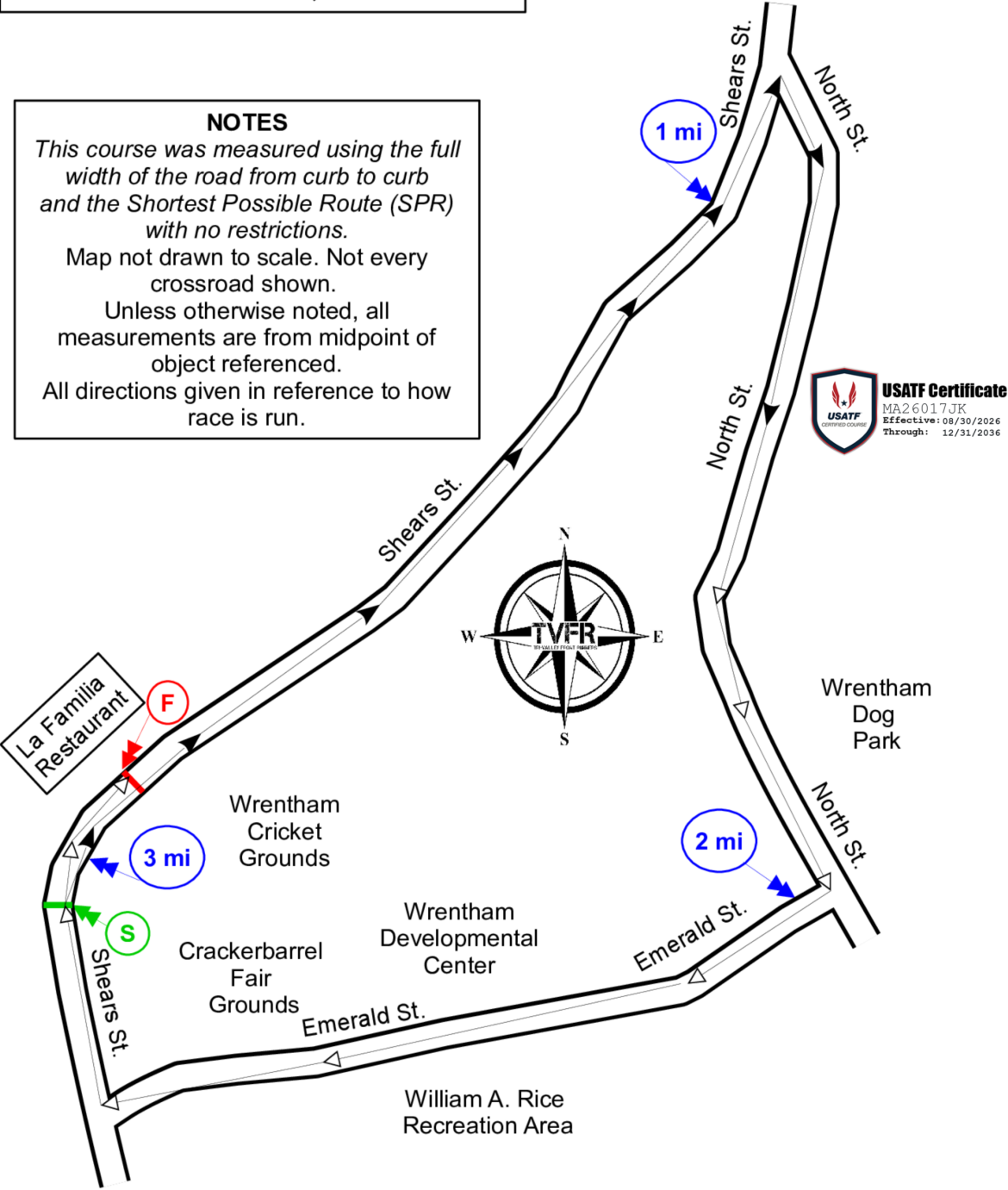
Date: August 30, 2026

Justin Kuo - USATF/RRTC Certifier - 39 Oakland Rd, Brookline MA 02445
(617) 487-4463 - jkuo+certifier@usatfne.org

Wrentham Knights of Columbus 5K Wrentham, MA

Measured 01AUG2026
by Mark Capparella
Tri-Valley Front Runners (TVFR)
email: mark.capparella@tvfr.run
Cell: 508 740 7836

NOTES
This course was measured using the full width of the road from curb to curb and the Shortest Possible Route (SPR) with no restrictions.
Map not drawn to scale. Not every crossroad shown.
Unless otherwise noted, all measurements are from midpoint of object referenced.
All directions given in reference to how race is run.



Wrentham Knights of Columbus 5K (Wrentham, MA)

Course Description and Location of all Race Points

(Start Point, Finish Point, and Mile Marks)

NOTES: All directions are given in reference to how race is run.

Unless otherwise indicated, all measurements are from mid-point of item referenced.

START (S) POINT DETAIL: The Start Point (S) is on Shears St. It is across the road from and 2 feet, 9.5 inches after the mailbox pole for 213 Shears St. It is marked with a PK nail, penny washer, and green paint with a yellow outline.

Start as per the **START (S) POINT DETAIL** heading N and then NE past La Familia Restaurant.

Continue NE on Shears St.

MILE 1 is on Shears St. It is 9 feet, 4 inches after mailbox pole for # 16 Shears St. It is marked in yellow paint with a blue outline.

Continue NNE on Shears St.

Turn sharp RIGHT onto North St.

Turn RIGHT onto Emerald St.

MILE 2 is on Emerald St. It is across the road from and 24 feet, 5 inches after the stop sign - North St. / Emerald St. signpost. It is marked in yellow paint with a blue outline.

Continue W on Emerald St.

Turn RIGHT onto Shears St.

Continue on Shears St. past the **Start Point (P)**.

MILE 3 is on Shears St. It is 176 feet, 3 inches after the Start Point (P) and across the road from and 3 feet, 0 inches before utility pole 23. It is marked in yellow paint with a blue outline.

Continue on Shears St. to the **FINISH POINT** as per the **FINISH POINT (F) DETAIL**.

FINISH POINT (F) DETAIL: The Finish Point (F) is on Shears St. on the road directly in front of 263 Shears St. (currently La Famiglia Restaurant). It is across the restaurant parking lot from the "Bar Entrance" door and 47 feet, 4 inches before utility pole NET & T Co. 32/28. It is marked with a PK nail, penny washer, and red paint with a yellow outline.