



**Road Running Technical Council
USA Track & Field**

Measurement Certificate



Name of the course Adam's Heart Run - 10K Distance 10 km

Location (state) AL (city) Pelham

Type of course: Road Race

Measuring Methods: Bicycle

Measured By Jeremey Davis - 1208 Azalea Hill Drive - Greenville, SC 29607 - (864) 420-5169 - jdavis@setupevents.com

Race Contact Jamie Trimble - 205-515-0189 - president@birminghamtrackclub.com

Date(s) when course measured: 01/24/2026

Number of measurements of entire course: 2 Course Configuration: same out/back

Elevation (meters above sea level) Start 171.60 Finish 167.64 Lowest 153.62 Highest 184.71

Straight line distance between start and finish 64.01 m Drop: 0.40 m/km Separation 0.64 %

Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %

Effective date of certification: January 24, 2026 Certification code: AL26005JE

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

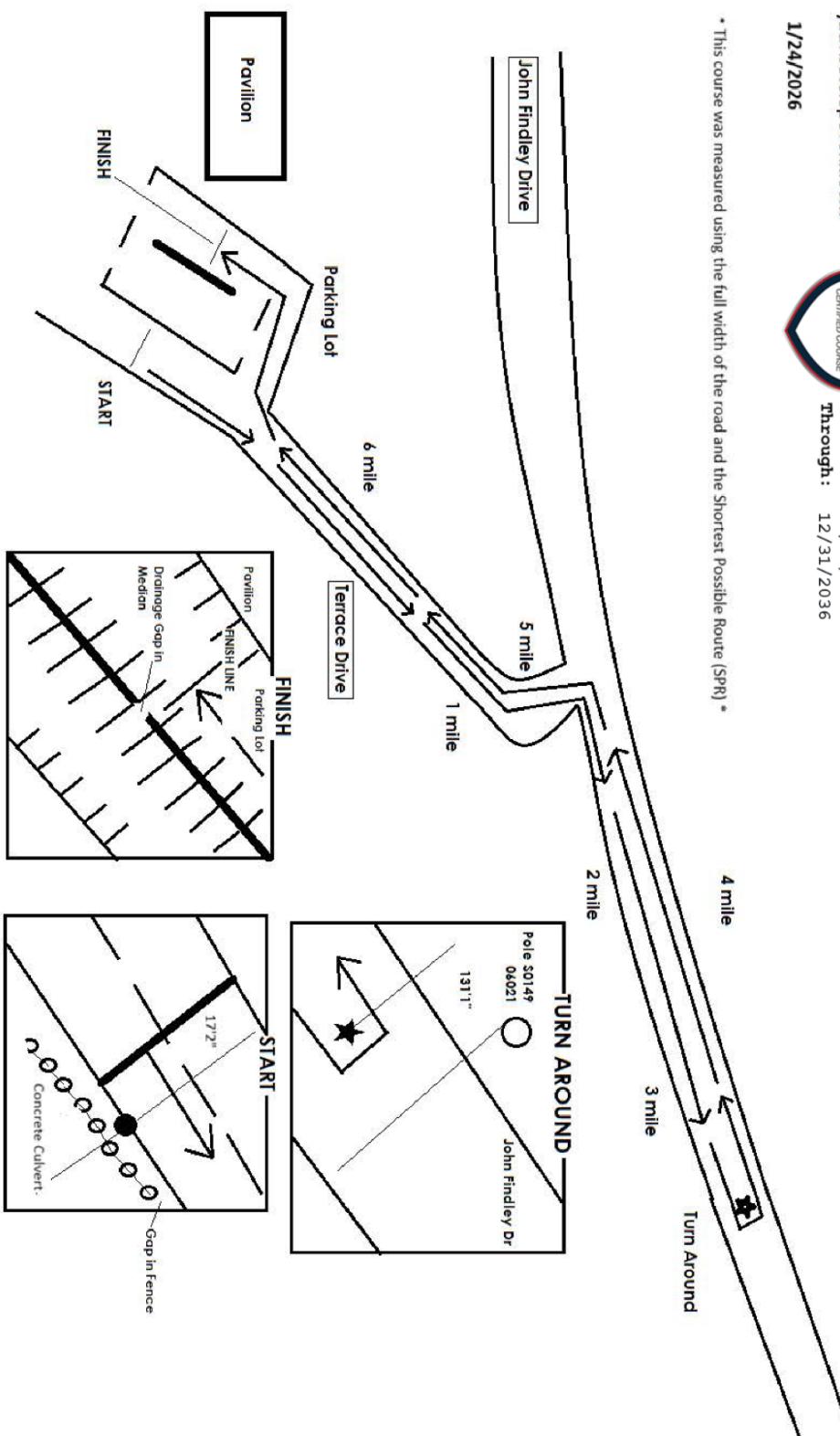
Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: 2036

AS NATIONALLY CERTIFIED BY:

Date: January 27, 2026

Jon Elmore - USATF/RRTC Certifier - 3428 Tanglewood Dr SW, Decatur AL 35603
(256) 476-3517 - jklca5@att.net



- * Start - Terrace Drive - 17.2' south of (before) concrete culvert found in shoulder of eastern (right) side of road near pole 1-276070
- * 1 Mile - **Terrace Drive, 91.6' east of gravel road with steel gate**
- * 2 Mile - 120.2" west of pole 1-276098
- * 3 Mile - 117.0" west of sign to Picnic Area 2, Whiteoak & RedRud
- * Turn Around - 131.1" west of Pole 50149 05021
- * 4 Mile - 114" west of Roadside Equestrian Parking Lot sign at Picnic Area 1
- * 5 Mile - Perpendicular to 25 mph sign facing west (toward start line) near intersection with John Findley Dr and Terrace Dr
- * 6 Mile - 24.0" west of first entrance into parking lot of Day Use Area
- * Finish - Perpendicular to eastern edge of water drainage gap in median of Pavilion parking lot. Finish in lot closest to pavilion