



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Adam's Heart Run - 10 Mile Distance 10 mi
Location (state) AL (city) Pelham
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Jeremy Davis - 1208 Azalea Hill Drive - Greenville, SC 29607 - (864) 420-5169 - jdavis@setupevents.com
Race Contact Jamie Trimble - 205-936-7922 - president@birminghamtrackclub.com
Date(s) when course measured: 01/23/2026
Number of measurements of entire course: 2 Course Configuration: same out/back
Elevation (meters above sea level) Start 171.60 Finish 167.64 Lowest 153.31 Highest 219.76
Straight line distance between start and finish 64.01 m Drop: 0.25 m/km Separation 0.40 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: January 24, 2026 Certification code: AL26004JE

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

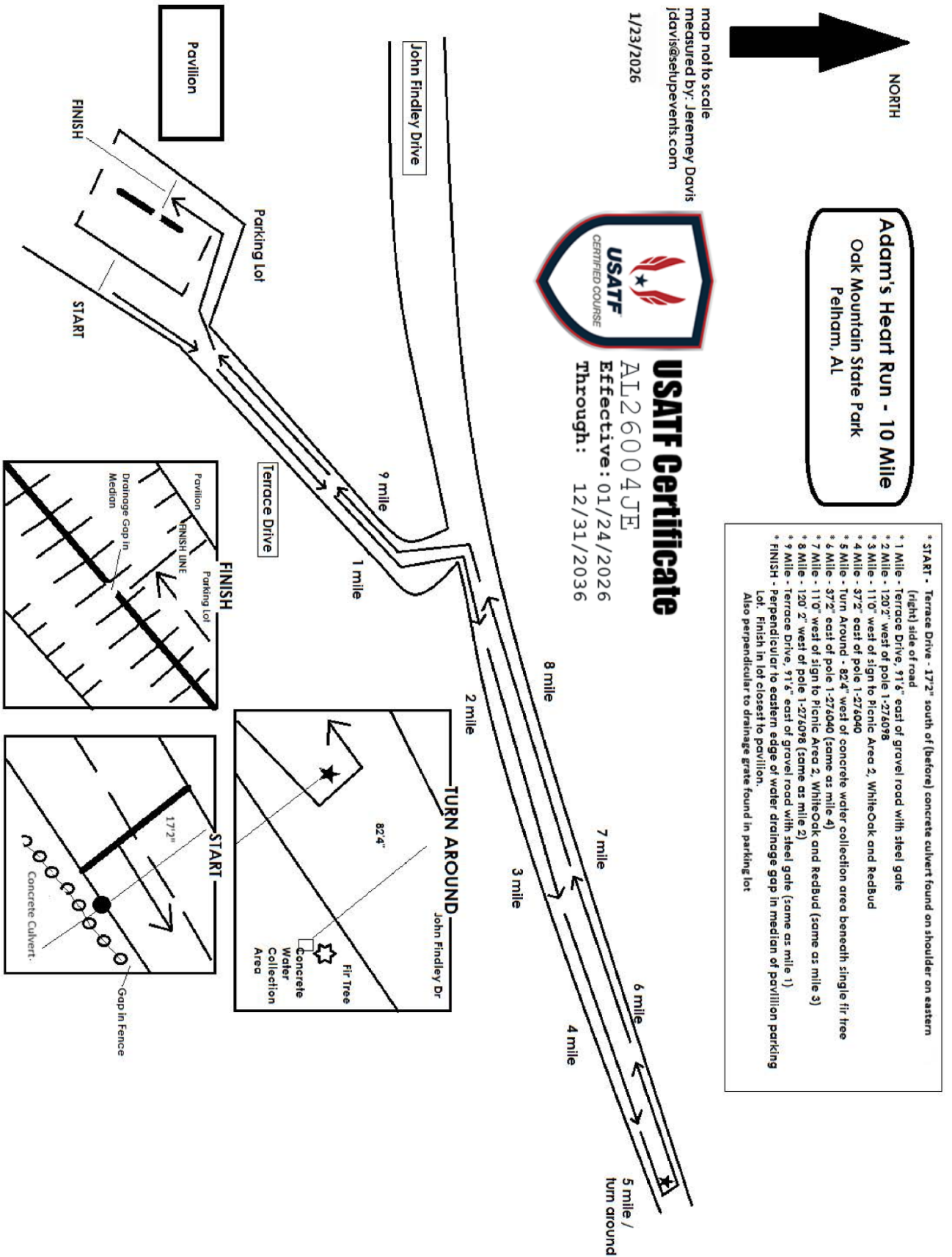
Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2036**

AS NATIONALLY CERTIFIED BY:

Date: January 27, 2026

Jon Elmore - USATF/RRTC Certifier - 3428 Tanglewood Dr SW, Decatur AL 35603
(256) 476-3517 - jklca5@att.net





Adam's Heart Run - 10 Mile
Oak Mountain State Park
Pelham, AL

- * **START** - Terrace Drive - 17'2" south of (before) concrete culvert found on shoulder on eastern (right) side of road
- * 1 Mile - Terrace Drive, 91'4" east of gravel road with steel gate
- * 2 Mile - 120'2" west of pole 1-274098
- * 3 Mile - 111'0" west of sign to Plenic Area 2, WhiteOak and Redbud
- * 4 Mile - 37'2" east of pole 1-274040
- * 5 Mile - Turn Around - 82'4" west of concrete water collection area beneath single fir tree
- * 6 Mile - 37'2" east of pole 1-274040 (same as mile 4)
- * 7 Mile - 111'0" west of sign to Plenic Area 2, WhiteOak and Redbud (same as mile 3)
- * 8 Mile - 120'2" west of pole 1-274098 (same as mile 2)
- * 9 Mile - Terrace Drive, 91'4" east of gravel road with steel gate (same as mile 1)
- * **FINISH** - Perpendicular to eastern edge of water drainage gap in median of pavillion parking lot. Finish in lot closest to pavillion.
Also perpendicular to drainage grate found in parking lot

map not to scale
measured by: Jeremy Davis
jdavis@setupevents.com

1/23/2026

* This course was measured using the full width of the road and the Shortest Possible Route (SPR) *

