



*Road Running Technical Council  
USA Track & Field*  
**Measurement Certificate**



Name of the course Ryan's Run 5K Distance 5 km  
Location (state) NY (city) North Tonawanda  
Type of course: Road Race  
Measuring Methods: Bicycle  
Measured By Jeff John - Box 608 - Amherst, NY 14226 - (716) 982-4779 - RaceMeasure@BuffaloRunners.com  
Race Contact Kallista Bertini - (716) 970-6017 - kallistabertini@gmail.com  
Date(s) when course measured: 07/22/2025  
Number of measurements of entire course: 2 Course Configuration: complex of different loop  
Elevation (meters above sea level) Start 174.35 Finish 174.04 Lowest 173.13 Highest 181.36  
Straight line distance between start and finish 200.00 m Drop: 0.06 m/km Separation 4.00 %  
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %  
Effective date of certification: August 1, 2025 Certification code: NY25013JJ

Note to Race Director: Use this Certification Code  
in all public announcements relating to your race.

## *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course ---** In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 of the year:*** **2035**

*Jeffrey D John*

**AS NATIONALLY CERTIFIED BY:**

Date: August 1, 2025

Jeff John - USATF/RRTC Certifier - Box 608, Amherst NY 14226  
(716) 982-4779 - RaceMeasure@BuffaloRunners.com

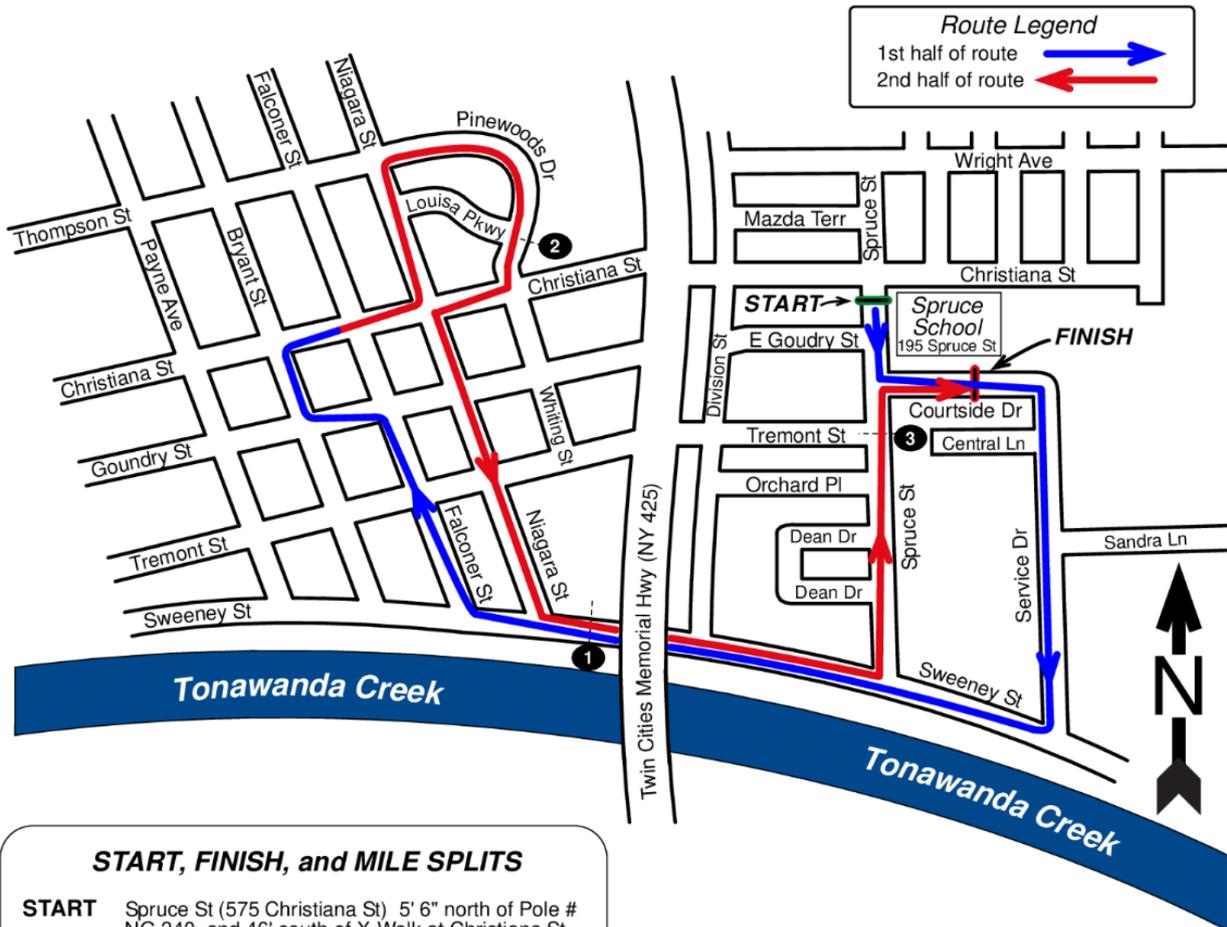
# Ryan's Run 5K

## North Tonawanda, NY



**USATF Certificate**  
 NY25013JJ  
 Effective: 08/01/2025  
 Through: 12/31/2035

Course Distance:	5K
Date Measured:	July 22, 2025
Measured By:	Jeff John, <b>BuffaloRunners.com</b>
Calibration Course:	NY16011JJ, ECCN
Notes:	This course was measured using the full width of the road and the Shortest Possible Route (SPR).



**START, FINISH, and MILE SPLITS**

**START** Spruce St (575 Christiana St) 5' 6" north of Pole # NG 340, and 46' south of X-Walk at Christiana St, and 65' south of Christiana St.

**1 MILE** 501 Sweeney St, 29' west of (past) Pole # NG 37, and 164' west of (past) the Twin Cities Memorial Hwy overpass (Rt 425).

**2 MILES** Pinewoods Dr, mid-intersection with Louisa Pkwy, and exactly at Pole # NG 11.

**3 MILES** On Spruce St, mid-intersection with Tremont St, and 15' before (south of) Pole # 560.

**FINISH** Near 37 Courtside Dr, and exactly at vertical center of Pole # NG 726, and 5' west of center of Round Manhole Cover, generally in front of the Spruce Elementary School's Courtside Dr location.

