



*Road Running Technical Council  
USA Track & Field  
Measurement Certificate*



Name of the course RiverWorks / UB Dental 5K Distance 5 km  
Location (state) NY (city) Buffalo  
Type of course: Road Race  
Measuring Methods: Bicycle  
Measured By Jeff John - Box 608 - Amherst, NY 14226 - (716) 982-4779 - RaceMeasure@BuffaloRunners.com  
Race Contact Alicia Thorpe - University at Buffalo - UBDental5K@gmail.com  
Date(s) when course measured: 03/09/2026  
Number of measurements of entire course: 2 Course Configuration: same out/back  
Elevation (meters above sea level) Start 175.56 Finish 175.56 Lowest 173.74 Highest 184.1  
Straight line distance between start and finish 0.00 m Drop: 0.00 m/km Separation 0.00 %  
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %  
Effective date of certification: March 19, 2026 Certification code: NY26001JJ

Note to Race Director: Use this Certification Code  
in all public announcements relating to your race.

## *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 of the year:*** **2036**

*Jeffrey D John*

**AS NATIONALLY CERTIFIED BY:**

Date: March 19, 2026

Jeff John - USATF/RRTC Certifier - Box 608, Amherst NY 14226  
(716) 982-4779 - RaceMeasure@BuffaloRunners.com

# RiverWorks / UB Dental 5K

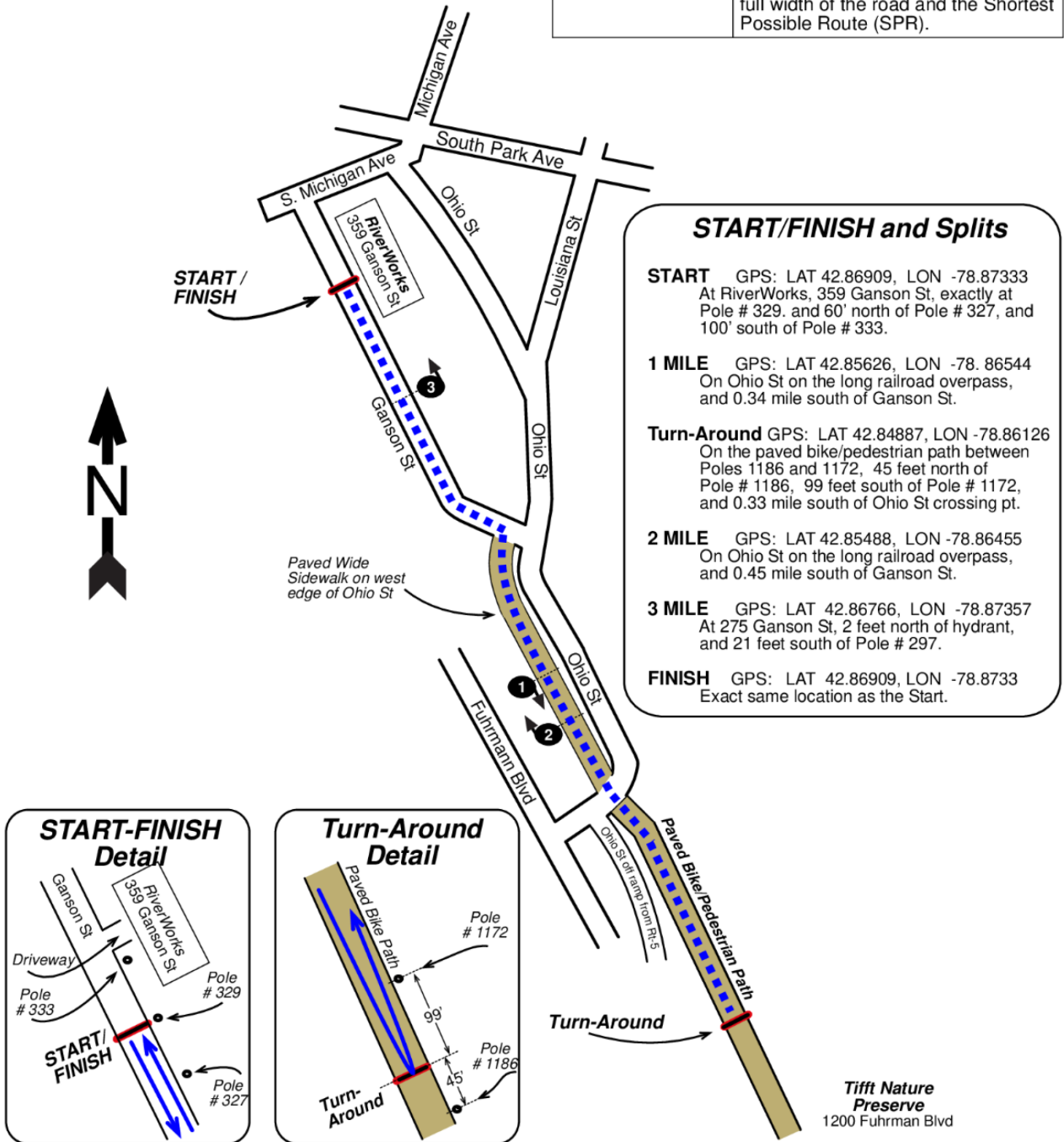
## Buffalo, NY



### USATF Certificate

NY26001JJ  
 Effective: 03/19/2026  
 Through: 12/31/2036

Course Distance:	5K, Out-and-Back
Date Measured:	March 9, 2026
Measured By:	Jeff John, <b>BuffaloRunners.com</b>
Calibration Course:	NY24003JJ, Lake Kirsty 300m
Notes:	Map not to scale. This course was measured using the full width of the road and the Shortest Possible Route (SPR).



### START/FINISH and Splits

**START** GPS: LAT 42.86909, LON -78.87333  
 At RiverWorks, 359 Ganson St, exactly at Pole # 329, and 60' north of Pole # 327, and 100' south of Pole # 333.

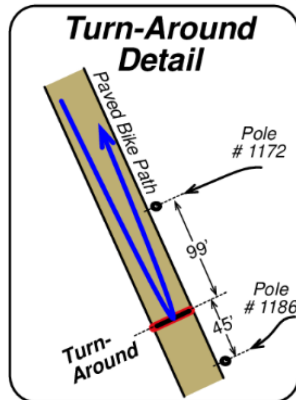
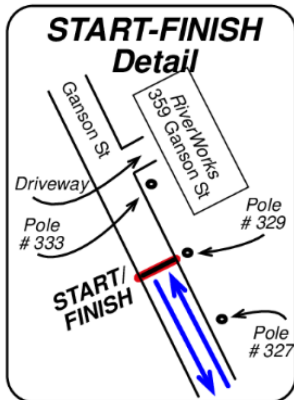
**1 MILE** GPS: LAT 42.85626, LON -78.86544  
 On Ohio St on the long railroad overpass, and 0.34 mile south of Ganson St.

**Turn-Around** GPS: LAT 42.84887, LON -78.86126  
 On the paved bike/pedestrian path between Poles 1186 and 1172, 45 feet north of Pole # 1186, 99 feet south of Pole # 1172, and 0.33 mile south of Ohio St crossing pt.

**2 MILE** GPS: LAT 42.85488, LON -78.86455  
 On Ohio St on the long railroad overpass, and 0.45 mile south of Ganson St.

**3 MILE** GPS: LAT 42.86766, LON -78.87357  
 At 275 Ganson St, 2 feet north of hydrant, and 21 feet south of Pole # 297.

**FINISH** GPS: LAT 42.86909, LON -78.87333  
 Exact same location as the Start.



Tiftt Nature Preserve  
 1200 Fuhrman Blvd