



USATF Certification  
OK13057DG

Shape Your Future 5k  
McAlester, OK 5,000 m

Effective Dates  
7-18-13 to 12-31-2023



**Start:** On Larry Ketchum Dr. runs north/south and is located directly in line with the street sign on the SW corner of Larry Ketchum Drive and Clark Bass Blvd. (located on the McAlester Regional Health Center Campus, south of the main building)

**1k:** On E Monroe Ave., 1.2 m east of the east edge of the driveway of 506 E Monroe Ave..

**2k:** On E Polk Ave. 8.7 m west of the east edge of the driveway of 800 E Polk.

**3k:** On E Polk Ave. 53.4 m west of the gate at the west entrance of McAlester High School.

**4k:** On Industrial Blvd. 8.9 m south of the 3<sup>rd</sup> telephone south of the Van Buren Ave and Industrial Blvd Intersection. The telephone pole is on the east side of the road.

**Finish:** Located at the same point as the start. (At the corner of Larry Ketchum Dr. & Clark Bass)

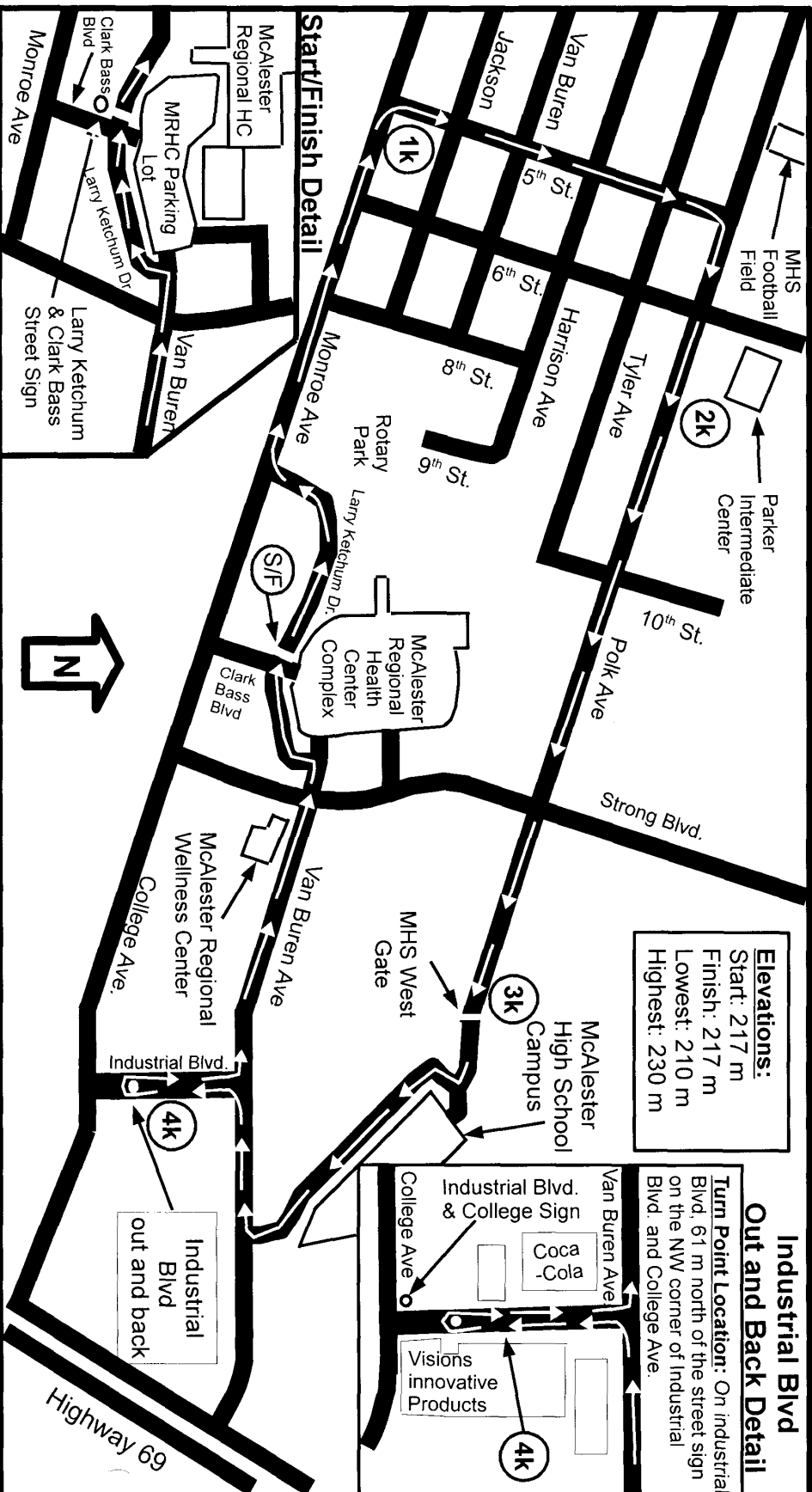
Shortest Possible Route (SPR) was followed over the whole roadway (unrestricted route). Start, finish, and kilometers split locations are marked with red paint.

Measured by Martin Uptdike on 7/9/2013  
918-577-1956  
martin@i40raceservice.com

**Elevations:**  
Start: 217 m  
Finish: 217 m  
Lowest: 210 m  
Highest: 230 m

**Industrial Blvd  
Out and Back Detail**

**Turn Point Location:** On industrial Blvd, 61 m north of the street sign on the NW corner of Industrial Blvd. and College Ave





**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course Shape Your Future 5K Distance 5 km  
Location (state) Oklahoma (city) McAlester  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Single Loop  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (meters above sea level) Start 217 m Finish 217 m Highest 230 m Lowest 210 m  
Straight line distance between start & finish 0.0 m Drop 0.0 m/km Separation 0.0 %  
Measured by (name, address, phone & e-mail) Martin Updike, 2903 Gibson St., Muskogee,  
OK 74403 (918) 577-1956 martin@i40raceservice.com  
Race contact (name, address, phone & e-mail) Carolyn Davidson, 1400 E. Van Buren,  
McAlester, OK 74501 (918) 429-5573  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: Jul. 9, 2013  
Race date: Sep. 21, 2013 Course certification effective date: July 18, 2013  
Certification code: OK13057DG

Notice to Race Director: Use this Certification Code  
in *all* public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2023**

**AS NATIONALLY CERTIFIED BY:**

Date: Aug. 6, 2013

Don Garrett — USATF/RRTC National Certifier

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